

FREE Take Me Home

Vol. 18, No. 4

From the Beaches to the River District downtown Fort Myers

JANUARY 25, 2019

# Rare Friendship At Theatre Conspiracy

by Di Saggau

ow playing at Theatre Conspiracy is *The Agitators*, a smartly acted play about the long friendship between Susan B. Anthony and Frederick Douglass. The two protagonists are played by Dena Galyean and Derek Lively, and they play them so well. Both are strong-willed, larger-than-life leaders dedicated to their causes. Anthony's is the fight for women's equality. Lively breathes fire into his role as Douglass, a commanding orator and former slave.

Both leads are personable and yet they are imposing characters, especially in their rhetoric. Lively plays Douglass as down to earth and yet capable of delivering Douglass' elevated diction with emotional enthusiasm. Galyean is a genteel Anthony, not as stern as one would think, yet her arguments are geared for battle. Her family was deeply rooted in abolishing slavery. Anthony let nothing deter her from her quest. Any potential husbands that might have appeared in her lifetime were sent packing so as not to interfere with her qoal.

Douglass wishes he had known his mother. He was taken from her at a very young age, and he didn't even know



Derek Lively as Frederick Douglass and Dena Galyean as Susan B. Anthony

his birthday. He makes it September 9, the day he escaped slavery. In the first act, Anthony asks, "Do you believe there can be a country for all?" That question not only challenged these two great justice fighters, it's a question we still face today. The script by Mat Smart is compelling as it weaves through historical periods and events of these two people committed to the American ideals of justice. The historical connection between this uncommon

continued on page 23

# Artist Reception At ACT Gallery



Myindia Collection by MiMi Stirn

Arts for ACT Gallery will host an opening reception and meet-the-artists session during Art Walk on Friday, February 1 from 6 to 10 p.m.

The Florida Artist Group (FLAG) will be featured in the main gallery and artist MiMi Stirn will display her works in the

image provided

White Gallery. There will also be new works from the gallery co-op artists.

FLAG was incorporated as a nonprofit organization of practicing artists who had gained recognition nationally or statewide and whose works would contribute

continued on page 24

# Immigrant Artists Group Show

ome of Southwest Florida's best immigrant artists have collected work for a group show, entitled Them: An Anthology of Migration, which will be on display at the Sidney & Berne Davis Art Center from February 1 to 21. An opening reception will take place during Art Walk on Friday, February 1 from 6 to 10 p.m. There will also be an Art Talk with the artists on Saturday, February 2 from 3 to 5 p.m.

The exhibition features Mila Bridger, Mariapia Malerba, Danielle Branchaud, Reynier Llanes, Juan Diaz, Cesar Aguilera, Aimee Perez, Ndola Penzy and Brian Weaver. It was curated by Aguilera in hopes of shining a light on the contributions of immigrants in America to the arts, humanities, sciences and business.

"America is a country founded by immigrants, and many of the most successful companies in the U.S. were created and founded by immigrants..." said Aquilera.

"However, immigrants not only



Retrospectedit by Danielle Branchaud images provided

contributed to the creation of major corporations, in the arts there are also big names like Willem de Kooning, Mark Rothko, John James Audubon, Christo and many others.

"Here in Southwest Florida, we have



Onemorecent by Cesar Aguilera

great examples of this too.

"This exhibit highlights the work of some of those amazing artists, and celebrates the spirit that has created one of the greatest nations in the history of the world," Aguilera said.



Innocence Interrupted by Juan Diaz

The cost to view the exhibit is a \$1 donation.

Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information, visit www.sbdac.com or call 333-1933.\*\*

Historic Downtown Fort Myers, Then And Now:

# **Bathing And Boating** At The Royal Palm



by Gerri Reaves, PhD

he charming riverside structure and pier in this circa-1908 postcard image once stood behind the Royal Palm Hotel, one of the grandest and most influential businesses in Fort Myers history.

The hotel was located on First Street at the foot of Royal Palm Avenue when the seawall lay just beyond what is now Bay

Around that time, the western half of this one-story building was used for bath (as in swimming) or dressing rooms and the eastern half was a bowling alley.

A passageway extended the length of the building and on the river side opened directly onto the 505-foot pier also seen in the photo. Three bath houses were located on the pier's east side, and a dancing pavilion was located at

Note the painted words on the deck (lower center), which seem to read "Royal Palm Bathing Rooms.'

Hotel guests could dock their yachts and pleasure boats at the pier too. A hotel also supplied a boat to take guests on daytrips or hunting or fishing outings.

This simple inviting scene doesn't capture the grandeur of the hotel just out-offrame, however.

The Gilded-Age Royal Palm Hotel opened in January 1898 as the Fort Myers Hotel. The name was soon changed after royal palms where brought from Cuba and installed on the property.

It was built on the site where Capt. Francis A. Hendry, "the Father of Fort Myers," had built his family home years before the town had even incorporated. (It was later



This bath house, pier and pavilion in this circa-1908 postcard image were located at the Royal Palm Hotel on the Caloosahatchee River at the foot of Royal Palm Avenue. At that time, the riverbank lay just north of today's Bay Street. photo courtesy of the Baucom Family

**Publisher** 

Lorin Arundel

Advertising

**Bob Petcher** 

enlarged and converted into the Hendry House Hotel).

The much-celebrated opening on January 15, 1898 was attended by many prominent people and was probably the most exciting event ever held in the town.

The hotel was of great economic consequence, since it attracted wealthy out-of-towners who established winter homes or invested in Fort Myers.

It was the first building in town - other than Thomas Edison's private home – to have electric lights.

As the decades rolled by, the hotel expanded and improved, offering elegant accommodations and dining, a swimming pool fed by artesian wells, tropical gardens, a casino and billiard parlors, and even health-related amenities like a sulphur drinking pool and hot and cold salt-water baths.

By the early 19-teens, the former bath rooms pictured here had become quarters for hotel employees and the other side was for storage.

Today, Campo Felice's parking garage is located where bathers and boaters once frolicked and relaxed photo by Gerri Reaves

In a vast hotel expansion and remodeling in 1916, the charming structure in the photo was removed. It was replaced with a three-story building used for employee housing, laundry facilities and fire-equipment storage.

The once-elegant hotel closed its 50-year history after TH "Tom" Phillips purchased it from the estate of Dr. MO Terry (widower of Tootie McGregor Terry) in 1947 and began demolishing it in November 1948.

Today, the Campo Felice parking garage stands approximately where the bath house and pier once were.

Walk down First Street to Royal Palm Avenue and imagine the glory days of the town's first elegant state-of-the-art hotel.

Then visit the following two research centers to learn more about how the grand hotel helped to turn Fort Myers into a tourist destination and promote the tarponfishing craze too.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org. Sources: Archives of the Southwest Florida Historical Society, The News-Press and 

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**Graphic Arts/ Production** 

Ann Ziehl, Manager Amanda Hartman Justin Wilder

Reporters

Gerri Reaves, PhD Jeff Lysiak

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### **Contributing Writers**

Jennifer Basey Barbara Cacchione Kay Casperson Suzy Cohen Linda Coin Marcia Feeney Ed Frank Shelley Greggs Tom Hall

Marion Hauser, MS, RD Ross Hauser, MD Craig R. Hersch Capt. Matt Mitchell Trinette Nelson J. Brendan Ryan, CLU, ChFC, MSFS Di Saggau Jeanie Tinch



The Southwest Florida Concert Band

# **Broadway Music** To Be Perfomed

he Southwest Florida Concert Band will perform a concert featuring music from Broadway and more at South Fort Myers High School on

Sunday, January 27 at 2 p.m. The 50-member community band will open with a medley of music from Fiddler on the Roof and Don't Cry for Me Argentina from the musical Evita. There will also be a medley of Beatles tunes as well as Oh, What A Beautiful Morning, The Surrey With The Fringe On Top and Oklahoma. The band's trombone section will be featured on Bunch of Bones, and then the full band will play a very challenging arrangement photo provided

of Les Misérables, including I Dreamed A Dream, Master of the House and Do you Hear the People Sing.

There will be productions of Cabaret, Wildcat and Oliver as well as the band's version of Glen Miller in Concert with its upbeat swing tunes. Oboe soloist Rachel Ayres will perform the hauntingly beautiful Gabriel's Oboe solo. The band will also perform John Philip Sousa's The Gladiator March and Over the Rainbow from the Sound of Music. The conclusion of the concert will have a dramatic arrangement of music from the Phantom of the Opera.

All concerts are free with donations accepted.

South Fort Myers High School is located at 14020 Plantation Road in Fort Myers. For more information, visit www. swflconcertband.org.☆

# Hymn Sing To Celebrate 30 Years In February

elebrate the Edison Festival of Light and help feed the hungry by attending the 30th anniversary of Mrs. Edison's Hymn Sing at The First Presbyterian Church on Tuesday, February 5. The hymn sing is organized and sponsored by the Galloway Family of Dealerships.

Because of the overwhelming popularity of the event, three performances are planned at 1 p.m., 4 p.m. and 7 p.m. The doors will open 30 minutes prior to each performance.

Admission is free, but because of the increased need for food for the hungry, organizers are requesting that those who attend bring cans of non-perishable food and a voluntary cash donation, if possible, to benefit The Soup Kitchen of Community Cooperative.

'We need to help The Soup Kitchen by donating as much canned goods and cash as we can to help families who most need it in our community," said Sam Galloway, Jr., founder of Mrs. Edison's Hymn Sing.

Community Cooperative provides 15,000 meals each month in addition to other services. "There are even more families who need our help. Do what God would want you to do and give what you can," said the Rev. Dr. Paul deJong of First Presbyterian Church.

Galloway, who originated the hymn sing in 1989, said he wanted to do something to honor Mrs. Mina Edison



Mina Edison

photo provided

during the Edison Festival celebration.

'We hear a great deal about the wonderful work of Thomas Alva Edison, but we don't do a lot to honor his wife who also volunteered a great deal of her time and talent to making Fort Myers what it is today. This hymn sing is a way to honor her good work too," Galloway said.

This year's event will feature the First Presbyterian Sanctuary Choir and many other singers, including members of the Mastersingers, guest soloists, along with a piano-organ combination.

The First Presbyterian Church is located at 2438 Second Street in downtown Fort Myers. For more information, call 334-2261 or visit www.fpcfortmyers.org.☆

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The Kimberlys

# Punk Brunch Partners Live Music With Art

ove Your Rebellion's Punk Brunch will combine live music, art, food and crafts on the Fort Myers Regional Library plaza on Saturday, February 2 from noon to 4 p.m. Admission to the family-friendly event is

Buy brunch and breakfast foods from popular food vendors while experiencing photo courtesy Jesi Cason Photography

live original music and art from some of Southwest Florida's best bands and artists. Make your own patches and zines with help from the Love Your Rebellion staff.

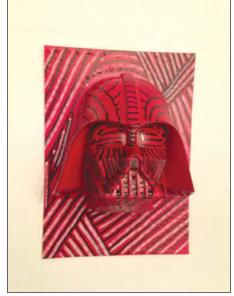
Musical entertainment will be provided by Even Less Friends, The Young Dead, Cobress and The Kimberlys. While each band is performing, an artist will paint to the music, creating brand new original

Opening the show, Willow Cada will be painting during Even Less Friends. Then, Breshnyda will get inspired by music from the Young Dead. Victor

Matos will capture the sounds of Cobress on canvas, and Dharma LeFevre will interpret music from the Kimberlys into visual art.

Food will be available for purchase from local food vendors. Love Your Rebellion will also host two craft tables. featuring zine- and patch-making run by local artists and LYR members Shelby Elmore, Michelle Caraway and Annie Pritchard.

The Fort Myers Regional Library is located at 2450 First Sreet Fort Myers. For more information, visit www.facebook.com/ events/2224355417585382. \$



Work by Pam Trent

photos provided

# **Artist Trading** Card Exhibition

he group exhibition Carded: Miniature Masterpieces returns to the Sidney & Berne Davis Art Center with an opening show during Art Walk on Friday, February 1 at 6 p.m. Artists will contribute small trading card style works to be viewed and traded.

The Artist Trading Card (ATC) project builds on different traditions. Miniature art has been in existence for centuries, tracing its heritage back to the illustrated manuscripts of scribes in the Far East and Europe prior to the 15th century. The origin of the modern trading card is associated with cigarette cards first issued by the US-based Allen and Ginter tobacco company in 1875. They were the precursors of the sports cards and other trading cards. However, the first artist trading card dates back to 1997 in Zurich and started as a collaborative cultural performance.



Work by Cheryl Logan

An important influence on the ATC concept were art movements of the 20th century which advocated a more popular art: Art not for museums or auctions but from and within everyday life. In this respect, the ATC project has an affinity with the Fluxus movement and with Robert Filliou's notions of a "fête permanente," a "création permanente," or an "eternal network." The "art of participation" as an interactive process can be traced back to the 1950s, and it developed within different genres like performance art and happenings, action art, mail art, or later computer art.

Artist Ndola Pensy introduced the artist trading card idea to Southwest Florida in 2017 with great reception among artists of different mediums in the area. There will be a \$1 donation for entry.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.sbdac.com or call 333-1933.

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Fort Myers Art:

# KLCB's Poster Contest Now **Under Way**



by Tom Hall

he 2019 Leave The Scene Clean calendar art contest has started. This year will be the 30th anniversary that Keep Lee County Beautiful (KLCB) has been holding this event.

The contest is open to public, private and home-schooled students in grades 1 to 12.

"We believe that students, as well as those viewing the completed artwork, can learn about environmental awareness through the message of art," stated Keep Lee County Beautiful in its online newsletter The Clean Scene. "We also believe that a picture can say more than just a thousand words. It can touch you on an emotional level and give you an insight into the world around you. This is what we strive to accomplish with our annual calendar art contest.'

The deadline for submissions is April 22. For more information and entry forms, visit www.klcb.org/leave-thescene-clean-calendar.html.



Students are encouraged to enter the Keep Lee County Beautiful calendar art contest image courtesy www.artswfl.com

#### Art Festival At Mercato This Weekend

The Art Festival at Mercato takes place Saturday, January 26 and Sunday, January 27. This art festival will be held on the lawn in the middle of Mercato. There will be 50 artists skilled in sculpture, painting, glass, jewelry, mixed media and more. Meracto is a wonderful location for this event. The tree-lined plaza and walkways are the perfect setting for an event of this

#### **ArtFest Fort Myers Invades River** District February 1 to 3

ArtFest Fort Myers takes place Friday night, February 1, and Saturday and Sunday, February 2 and 3 in the downtown Fort Myers River District. Once again, Fort Myers' 1.8-acre river basin the Fort Myers Marina, City Pier Building, Harborside Event Center and Centennial Park - serve as a picturesque backdrop for the tents and booths of the more than 200 artists who have been juried into this year's festival. As in years past, a wide array of genres and media will be represented in this year's festival, including works in sculpture, painting, ceramics, photography, printmaking, drawing, digital, mixed media, ceramics, fiber, glass, jewelry, metal, wearable fiber and wood. And be sure to check out the chalk art competition featuring entries by area high schools. Upwards of 90,000 people visit this premiere outdoor art festival over its 2 ½-day run.

#### Time Running Out To Submit For All Florida Juried Exhibit

The Alliance's annual All Florida Juried Exhibition features pieces created by artists working in a wide variety of media from all over the 65,000 square miles that make up Florida. The juried entries come together for an award-winning and exciting exhibition representing today's contemporary Florida artists.

The Alliance is accepting submissions online now through Monday, January 28. The show will exhibit March 8 to 29, with an opening reception from 5 to 7 p.m. on Friday, March 8. A conversational walk and talk through the gallery with the artists and juror will take place at 10 a.m. on Saturday, March 9.

Visit www.artinlee.org for a prospectus, or telephone 939-2787 for more information.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four

# Route Changes For Edison Parade

n February 16, people from all over the world will be lining the streets along U.S. 41 and throughout the downtown river district to watch the biggest night parade in the Southeast. People have been watching the Edison Festival of Light Grand Parade for more than 80 years. Some have had the same family spot for decades and mark their spots well in advance. This year, a few favorite viewing spots will change due to a new route to accommodate the construction progress happening for the newest downtown hotel. Some of those spots have already been marked off along Monroe Street.

City of Fort Myers officials work closely with festival planners each year to solidify the best route for the grand parade given what is happening in the area at the time. Most years, the route doesn't fluctuate. In 2010, the direction of the parade changed. The route stayed the same and the traditional viewing spots remained the same. However the route was reversed; the grand parade began at Fort Myers High and finished in downtown, which was beneficial to businesses and those participating in the parade.

If you are marking your spot for the Edison Festival of Light Grand Parade, do not plan to sit on Monroe Street or Edwards Drive in front of Harborside Event Center. Instead, mark your spot on Main Street or Hendry or find a prime spot on U.S. 41 between Lions Park and Dr. Martin Luther King Jr. Boulevard.

Additional reserved seats can be purchased from nonprofit groups along the parade route. You can just show up on parade day and your spot and chair will be waiting for you.

More than 200,000 people attend the parade and there are more than 200 units including floats, marching bands, trucks, dignitaries and much more participating.

For more information about the route or other Edison Festival of Light activities 

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# Along The River

The Gaither Vocal Band will share timeless gospel classics and new favorites at the First Assembly of God this Friday, January 25 at 7 p.m.

Multi-Grammy Award-winner Bill Gaither leads the band that also features Wes Hampton, Adam Crabb, Todd Suttles and Reggie Smith. Female vocalist Charlotte Ritchie and male vocalist Gene McDonald, as well as guitarist and comedian Kevin Williams will join the group for the evening.

group for the evening.

Named ASCAP's Songwriters of the Century, Bill and Gloria Gaither have written more than 700 popular gospel songs throughout their multi-decade career, including favorite standards He Touched Me, Because He Lives and There's Just Something About That Name.

Something About That Name.
First Assembly of God is located at 4701 Summerlin Road in Fort Myers. For more information, including ticket pricing and group ticket information, visit www. gaither.com or www.premierproductions. com or call 1-855-484-1991 or 936-6277.

The Fort Myers Metro-McGregor Kiwanis will hold the **11th annual Calusa BUG Chase 5K Run** at the **Calusa Nature Center** this Saturday, January 26. Packet pick-up will take place the day of race from 7 to 7:45 a.m. Race day registration begins at 7 a.m. and race time is 8 a.m.

The race will benefit the Fort Myers-Metro Kiwanis Club's BUG (Bring Up Grades) program and other local club sponsored youth service projects. The course, supervised by the Fort Myers Track



Runners at the 10th annual Calusa BUG Chase 5K Run

photo provided

Club, travels the trails at the nature center and a portion of the asphalt bike path on Ortiz and will be timed with Chrono Track Bib Tag Technology. Participants can preregister online at www.ftmyerstrackclub. com. Overall and age group awards for the 5K run will be presented.

The Calusa Nature Center is located at 3450 Ortiz Avenue in Fort Myers. For more information, contact Chrysten Foley at cfoley1@nova.edu. To keep updated on the event, visit www.facebook.com/events/119673162265792.

The **Elephant III, Stories You'll Never Forget** is coming to the **Alliance for the Arts** this Wednesday, January
30 from 7 to 9 p.m. The 3rd annual
storytelling showcase returns with 10
tellers and all new stories.

Master of ceremonies will be Dr.

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Joel Ying. The performers are Mary Lou Williams, Tashahara Jallad, Rhonda Brazina, Leonor Reales, Dr. Joel Ying, Lisa Leonhardt, Tony Marr, Marilyn Graham, Pamela Minton and Phyllis May.

Tickets are \$15 for members and \$20 for non-members.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information and tickets, call 939-2787 or visit www.artinlee.org.

Edison and Ford Winter Estates, partnering with the Gulf Coast Symphony, will host the **Sultans of String** during a Rhythm on the River concert in the River Pavilion this Thursday, January 31 at 6 p.m.

The Juno Award-winning ensemble with music that tops the billboard charts thrills audiences with their genre-hopping

passport of Celtic reels, flamenco, gypsy jazz, Arabic, Cuban and South Asian rhythms.

The outdoor pavilion sits along the Caloosahatchee. A cash bar and light appetizers from Pinchers and The Marina at Edison Ford will be available. A limited number of seats will be provided. Guests are encouraged to bring a folding chair as well as a jacket or blanket.

Cost is \$20 for Edison Ford members

Cost is \$20 for Edison Ford member and \$25 for non-members. Advance tickets may be purchased at www. edisonfordwinterestates.org. A limited number of tickets will be available at the door for \$30 for members and non-members.

The Edison Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers.\*

# Alliance Raises Over \$30,000 From Challenge

The Alliance for the Arts has matched and exceeded a \$10,000 challenge gift from Parker/Mudgett/Smith Architects Inc. and the George and Mary Jo Sanders Foundation in its year-end campaign. The giving challenge raised over \$30,000.

All funds directly support the Alliance's mission to transform lives and improve the community through the arts. Since 1975, the Alliance's year-round schedule of events have become a staple for the community through engaging gallery exhibitions, inspiring art classes from fine art life drawing to the art of beer-making and stimulating theatre productions that range from the classics to the cutting edge. Proceeds support a creative hub that spurs and supports self-expression, access and equity, imagination and individuality by connecting the community through the arts.

In 2018, the Alliance was honored to receive the Chrysalis Award in Cultural Achievement, Industry Appreciation Award for Small Nonprofit of the Year and a Community Service Award from the SWFL Council of the Blind.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.artinlee.org.



# Prayer and Healing

## Love without limit, Life without fear

International speaker,
Fujiko Signs, is a practitioner and
teacher of Christian Science healing
and a member of the Christian
Science Board of Lectureship.

#### FREE! ALL WELCOME!



#### Sunday, January 27th, 2:30 PM

First Church of Christ, Scientist 2390 West First Street Fort Myers, FL 33901 (Next to the Edison-Ford Winter Estates)

Preview lecture on church website. www.ChristianScienceFortMyers.net
For more information, call 239.334.6801
or email fmcsrr@gmail.com



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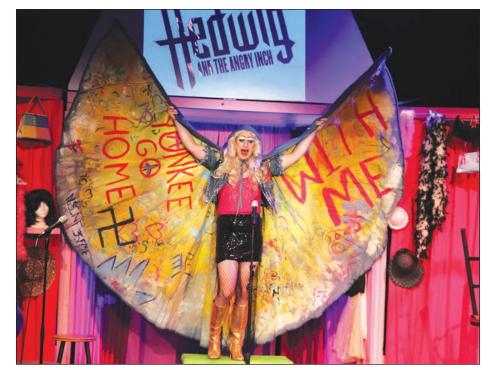
# Cult Classic Musical At Lab Theater

by Di Saggau

or theater lovers who enjoy taking a walk on the wild side, I highly recommend Hedwig and the Angry Inch now playing at Laboratory Theater of Florida. Equal parts rock concert, drama show and standup comedy, German rock singer Hedwig (PJ McCready) takes us on a wild storytelling journey about his upbringing, romantic involvement, botched sex change operation and other events that shaped his identity. To say that McCready is a tour de force is an understatement. I was blown away by his talent and the way he connects with the audience. He is on stage for most of the show singing and exuding raging emotion as he tells his story.

Hedwig's husband/backup singer Yitzhak (Misha Ritter Polomsky) delivers beautiful vocals and, when singing together, their killer harmonies are intense and captivating. While Hedwig is entertaining on one stage, another venue is hosting a concert by his ex-lover Tommy. Hedwig frequently opens the door throughout the show to listen to the concert and talk about the past. He says, "I laugh because I will cry if I don't."

The dialogue and lyrics in this show are clever and full of plays on words



PJ McCready as Hedwig

and popular culture references. You must listen closely to catch all of them. One example, as Hedwig grabs a bottle of gin from Yitzhak, he says, "Come to me my angel of music." Hedwig challenges the audience's comfort zone and the size of their hearts. The show is a reminder that everyone wants and deserves to be seen.

Hedwig is a German youth on the wrong side of the Berlin Wall searching for his soul mate. He has photo by Paula Sisk

been manipulated and abandoned by others he has trusted and loved. Through his music, the bitterness and anguish are revealed until he finally finds redemption. The four-piece band of Lee Blackston, Israel Zakar Coover, Greg LaMastro and Andrea Rochella are outstanding.

are outstanding.

Hedwig and the Angry Inch plays
through February 3, and it deserves to
be seen. It's directed by Paul Graffy,
and it's a stellar production. When

Hedwig sings *Tear Me Down* and *Angry Inch*, he shows tremendous range, vocally and emotionally. Think of the show as a concert at a dive club with songs and dialogue that take you into Hedwig's heartbreaking reality. By the end of the show, everyone in the audience is waving arms along with the cast, and it's a spectacular happening.

Laboratory Theater of Florida is located at 1634 Woodford Avenue in downtown Fort Myers. For tickets, visit www.laboratorytheaterflorida.com or call 218-0481.

# Beach Art Group To Hold Demonstrations

The Fort Myers Beach Art Association will host Dillman's Creative Arts Foundation (DCAF) Lac du Flambeau, Wisconsin and hold a day of free art demonstrations as well as a reception on Saturday, January 26 from 1 to 4 p.m.

There will be hourly door prizes, silent auctions, art sales of internationally known artists and information on resources for artists. Free refreshments will be provided by Dillman's Creative Arts Foundation. Visit www.dillmans. com/dcaf/future.html to learn more.

For more information, call 463-3909, e-mail fmbaapublicity@gmail.com or stop by the Fort Myers Beach Art Association Gallery, located at 3030 Shell Mound Boulevard on Fort Myers Beach.



# Prayer And Heáling: Explore The Connection

round the world people are looking for prayer that brings healing and peace to their lives. International speaker Fujiko Signs says, "In my own experience, an understanding of God brings healing and goodness into my life."

Signs, a practitioner and teacher of Christian Science healing, will be giving a lecture titled Love without limit, Life without fear at First Church of Christ, Scientist on Sunday, January 27 at 2:30 p.m. Those unable to attend can preview the lecture online at www. christiansciencefortmyers.net

During this lecture, we will explore the relationship between prayer and healing and the universal truth that unifies," said Signs. "We will talk about how to understand God and how spirituality and childlikeness relate.'

The ideas shared in Signs' lecture are based on the teachings of Jesus as recorded in the Bible, and as explained in Science and Health with Key to the Scriptures by Mary Baker Eddy, including the spiritual sense of the Lord's Prayer.

Signs worked as a market research consultant for computer manufacturing companies and taught Japanese language and literature at community colleges and universities across the United States. In her mid-30s, Fujiko fell ill and sought healing through different treatments, but none of them gave her a lasting



Fujiko Signs

photo provided

cure. As soon as she started reading about Christian Science, a prayer-based system of healing, she was relieved from various stress and limitations and realized that she no longer suffered from the symptoms that had limited her before. Now a full-time practitioner and teacher of Christian Science healing, Signs speaks internationally as a member of the Christian Science Board of Lectureship.

Signs lives part of the year in Tokyo, Japan and the other in Pleasant Gap, Pennsylvania.

First Church of Christ, Scientist is located at 2390 West First Street in Fort Myers. For more information, contact Katherine Ellgen at kellgen@prodigy.net, 288-6464 or 405-496-6138.☆

# Soup Kitchen Benefit March 7

ickets are available for the 16th annual Sam Galloway Jr. & Friends Soup Kitchen Benefit, scheduled for Thursday, March 7 at Sam Galloway Ford. Individual tickets are \$200, with table sponsorship opportunities starting at \$2,500.

Funds raised at the event benefit Community Cooperative, the umbrella agency for the Community Cafés and Market, the Soup Kitchen, Meals on Wheels, Community & School Mobile Pantries, Food Literacy in Pre-School (FLIP) programs, and Social and Education Resource Centers for hungry and homeless residents in need.

Tickets and tables can be purchased by calling 332-7687 ext. 101 or online at www.communitycooperative.com/events.☆

# Church To Sponsor Casino Night January 26

he Unitarian Universalist Church of Fort Myers will host a Casino Night Fundraiser in Hobart Hall on Saturday, January 26 from 7 to 9:30 p.m. This event is open to area adults and families.

Entry fee is \$25 and includes \$3,000 worth of playing chips, light refreshments and a cash bar. Games will include roulette, blackjack, poker and Wheel of Fortune, administered by Scout Troop 3300. Prizes will be awarded to game winners at the end of the evening.

All proceeds will go to the Unitarian Church of Fort Myers, located at 13411 Shire Lane in Fort Myers. For more information, call 561-2700.☼

# Symphony Sets Fundraiser For February 22

eservations are now being taken for Cirque Enchanté, a festive fundraiser by the Southwest Florida Symphony Society, at La Venezia Ballroom on Friday, February 22. The evening begins at 5:30 p.m. and includes a complimentary cocktail hour with roving actors, buffet dinner and performance. It wraps up with music for dancing and listening with the popular Swing Street Band.

Cirque Enchanté will feature unique and colorful contemporary performance acts demonstrating strength, balance and physical action. It will raise funds for the Southwest Florida Symphony Orchestra. The program is produced by Align of Danger, which has been featured and awed audiences throughout the region and beyond. Cost is \$80 per person.

La Venezia Ballroom is located at 4646 SE 10th Place in Cape Coral. Reservations may be made through the SWFL Symphony Box Office by calling 418-1500.

# Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc. org, 2756 McGregor Boulevard, 226-0900. ALL SAINTS BYZANTINE RITE CATHOLIC Sunday 10:30 a.m., 10291 Bayshore Road, 305-651-0991

ANNUNCIATION GREEK ORTHODOX Sunday 9 and 10 a.m., www.annunciation. fl.goarch.org, 8210 Cypress Lake Drive, 481-2099

**BAT YAM-TEMPLE OF THE ISLANDS** Friday Shabbat at 7 p.m. www.batyam.org, 2050 Periwinkle Way, 579-0296.

BETH SHILOH MESSIANIC SYNAGOGUE Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171. BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, www. simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

BREAD OF LIFE MINISTRIES Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

**CHABAD LUBAVITCH ORTHODOX** Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

**CHAPEL OF CYPRESS COVE** Sunday 10 a.m., www.revtedalthouse@aol. com 10200 Cypress Cove Circle, 850-3943. CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL

Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

**COVENANT PRESBYTERIAN** 

Sunday 10 a.m. 2439 McGregor Boulevard,

CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive,

481-5442.

CYPRESS LAKE PRESBYTERIAN Sunday 8, 9, 10 and 11 a.m. www.clpc.us,

8260 Cypress Lake Drive, 481-3233 CYPRESS LAKE UNITED METHODIST Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m., 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m., 15690

McGregor Boulevard, 482-2030.
FIRST CHURCH OF CHRIST, SCIENTIST Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christianscience fortmyers.net, www.christianscience.com.

2390 West First Street, 334-6801 FIRST CHURCH OF THE NAZARENE Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511. FIRST UNITED METHODIST CHURCH Sunday 9:30 a.m. and 5:30 p.m. www.

fumcftmyers.org, 2466 First Street, 332-1152. FORT MYERS CHRISTIAN Sunday 10:30 a.m., 5916 Winkler Road,

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway,

FIRST PRESBYTERIAN CHURCH OF FORT MYERS

11 a.m. Sunday, www.fpcfortmyers.org, 2438 Second Street, 239-334-2261 IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778. JESUS THE WORKER CATHOLIC Friday and Saturday, 7 p.m.; Sunday 8, 10

a.m. and 6 p.m., 881 Nuna Avenue,

481-1143. KINGDOM LIFE Sunday 10:30 a.m., 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD

Sunday 7:45 and 10 a.m., www. lambofgod church net, 19691 Cypress View Drive,

**NEW BEGINNINGS CENTER** 

Friday 6:30 and 7 p.m. nbcministry@ embarqmail.com, facebook.com/nbcministry, 8505 Jenny Cae Lane, 656-0416.

**NEW COVENANT EYES** 

Monthly 9 a.m., www.newcovenanteyes.com, 1900 Park Meadows Drive, 220-8519.

NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

**NEW HOPE PRESBYTERIAN** 

Sunday 8, 9:30 and 11 a.m., www.newhope fortmyers.org, 10051 Plantation Road,

PEACE COMMUNITY

Sunday 10:30 a.m. www.peacecommunity church.com, 17671 Pine Ridge Road, 267-7400.

**PEACE LUTHERAN** 

Sunday 8 and 10 a.m., www.peaceftmyers. com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143

RIVER OF LIFE ASSEMBLY OF GOD 8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER Meditation classes. www.MeditationInFort Myers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland

Avenue, 334-2161. SAINT JOHN THE APOSTLE **METROPOLITAN** 

Sunday 10 a.m., 3049 McGregor Boulevard,

SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45
a.m., 3595 Broadway, 939-1218.
SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m., www.saintnicholasmonast

ery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m., 16940
McGregor Boulevard, 454-3336.
TEMPLE BETHEL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9
a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel. com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m., www. tjswfl.org, 14486 A&W Bulb Road, 433-0201. THE NEW CHURCH

Sunday 11 a.m., www.newchurchflorida.com,

10811 Sunset Plaza Circle #401, 481-5535.

UNITARIAN UNIVERSALIST Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

**UNITY OF FORT MYERS** Sunday 10 a.m., www.unityoffortmyers.org,

11120 Ranchette Road, 278-1511. WESTMINSTER PRESBYTERIAN CHURCH Sunday 9:30 and 10:45 a.m., 9065 Ligon

Court, 481-2125. WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m., www.zionfm. org, 7401 Winkler Road, 481-4040.☼

**CROW Case Of The Week:** 

# Baby Flying Squirrel



by Bob Petcher

flying squirrel (Glaucomys volans) should be renamed La gliding squirrel since its "flight" is more of a descending float than an ascending soar. Rather than wings, the small mammal employs a stretchy membrane that is attached from its back feet to its front feet and parachutes downward to escape from predators.

Baby flying squirrels develop fur and open their eyes when they are about a month old. These youngsters begin to glide when they are roughly two months old.

On January 8, a young Southern flying squirrel was admitted to CROW. There was no information provided about the squirrel's home area. The juvenile's right eye was crusted with debris. It also suffered from mild dehydration when it arrived.

The eye was likely crusted with debris from a fall, although this did not seem to affect the patient's vision or cause any further trauma to the eye, said Dr. Kyle Abbott, CROW veterinary intern. "Ophthalmic flush is a solution used to clean the eyes. We prepared the flush, but it was not needed. The mild debris was wiped away using a cotton-tipped applicator."

CROW rehabilitation staff will care for the squirrel until it is old enough for release since no information was provided about where its parents may be located.

Breanna Frankel, CROW rehabilitation manager, believes the patient is between 6 to 7 weeks old based on its developmental characteristics.



Patient #19-0048 is getting a lot of attention during photo by Bre Frankel

'While it was a little on the small size – slightly thin and small stature - its front teeth had grown in, and its fur was consistent with that age," she said. "Release will likely be assessed around 12 weeks of age, but depends on if the baby is showing appropriate release qualifications - is it eating well

on its own, is it eating the appropriate diet that it would find in the wild, does it forage well enough to consistently gain weight, does it know to return to nest box to sleep?"

The young flying squirrel will be monitored daily until it is evaluated for release.

'While at CROW, the squirrel has received several days of subcutaneous fluids to keep it well hydrated following admission to the hospital. We weaned him on to our Fox Valley formula so it had a milk supplement while beginning to eat on its own. It has been weighed every day, sometimes twice a day, to monitor weight and progress appropriately. It started getting environmental enrichment to introduce him to branches, trees, leaves and natural food sources," said Frankel. "Most recently, it was weaned off the milk formula because it has started eating well enough that it no longer needs supplemental feeds. When the weather warms up a little, it will be placed in an outside enclosure to allow it to adjust to environmental factors in preparation for release.

Even after release, it will be observed for a period

'Since it is a baby and does not have an established territory, we can place it in an area we deem fit for a flying squirrel with plenty of food, water and hide sources. Since it came in alone, it will be soft released when ready. A soft release means it will be monitored following release and offered food for an extended period of time until it becomes capable of feeding itself entirely based off foraging skills. It will be released with a hide box it is familiar with to offer an initial source of protection and warmth.'

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call

472-3644 or visit www.crowclinic.org.

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# The Process Of Elimination



by Capt. Matt Mitchell

't was another great week on the water as not only did we manage to work in all the scheduled trips before yet another strong cold front blew us out for a few days, we

also got to spend some quality time out fishing with several groups of favorite longtime clients.

Although the mornings this week were cold, the fishing was fast-paced enough to keep everyone warm with lots of sheepshead caught along with some big redfish in the mix, too.

On most trips this week, we started fishing relatively close to home as it was just too cold to make any long runs until temperatures began to warm up by mid-morning. This strategy proved both comfortable and productive with many of the deeper creeks and shorelines right around St James City having great action on sheepshead and rat redfish. As water temperatures plummeted into the low 60s, this bite only got better. Fast-moving tides around the full moon also helped fire up the fish.

By mid-morning, after the shock of the morning cold started to ware off. I would make the run to the north to fish in areas in and around the

passes. All our local passes have been great places to get in on the winter sheepshead action. Often, to catch these sheepshead, I'm going from spot to spot until I find that one dock or set of snags that is just loaded up. Once we do find the herd, we have been pulling them in out one after another.

Much of the water around the passes has been really stirred up, so these sheepshead are not as easy to locate as they can be during clear-water conditions. It's been more of a process of elimination to find them. One day, it's one dock. The next day, it's another spot that we will catch the majority of our keepers from. Day to day, these fish are moving.

Action on rat redfish was still consistent this week though we did catch some much larger models, too. I'm catching these redfish while targeting sheepshead on docks and snags in and around the passes. It seems the redfish are often in a little bit shallower water on the docks than the sheepshead.

While fishing around some favorite docks up on Cayo Costa this week, my clients got a couple of slob redfish on back-to-back casts. Never really knowing what that next cast will bring is just one of the joys of saltwater fishing.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.



Long time client Natalie Beerman from Nashville showing her love of big redfish

photo provided







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# Final TGIM To Be Held February 4

The final Thanks God for Indie Mondays (TGIM) viewing of the season will be held at Sidney & Berne Davis Art Center on Monday, Feburary 4. Cocktail hour is at 6:30 p.m. followed by the films at 7 p.m.

This final selection showcase of indie movies will feature popular Florida artist Leoma Lovegrove as a judge, along with Ilene Saffron and Katarina Danks. Don't miss your chance to weigh in on the Fort Myers Film Festival selections. TGIM is hosted by Eric Raddatz and Melissa DeHaven.

Get a look at how the Fort Myers Film Festival views submissions for independent films and participate in the selection process. Have a say whether or not they should make final programming.

The Fort Myers Film Festival's 9th annual festival will be held in April at the Barbara B. Mann Performing Arts Hall, Sidney & Berne Davis Art Center, Alliance for the Arts, Broadway Palm Dinner Theatre, Fort Myers Regional Library and Imaginarium. Parties and dinners will be held at Twisted Vine Bistro, Firestone and other select venues. For more info, visit www.sbdac.com.

Tickets are \$10 for adults, \$8 for students and seniors.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.sbdac.com or call 333-1933.‡

# Free Presentation On Prescribed Fire

ee County's Conservation 20/20 will offer a free presentation on the benefits of prescribed fire at the North Fort Myers Recreation Center on

Monday, January 28 at 6:30 p.m. The event highlights Prescribed Fire Awareness Week from January 27 through February 2. It is designated by the Florida Cabinet to raise awareness about prescribed fire as a safe land management practice to reduce wildfire risk and ensure ecosystem health.

Representatives from Conservation 20/20, Lee County's land acquisition and management program, will discuss the importance of prescribed fire as a tool used by land managers to enhance habitat for native plants and wildlife and reduce the risk of wildfire by preventing natural areas from becoming overgrown with vegetation.

The presentation will also highlight prescribed fires that occur at some Conservation 20/20 preserves. Attendees will see images showing the natural areas at these preserves before a prescribed burn, and the enhancements that occur in the days and months following a burn.

Reservations are required in advance to attend this free presentation. Call Conservation 20/20 Coordinator Jason Boeckman at 204-1125 to make a reservation. Space is limited.

North Fort Myers Recreation Center is located at 2000 North Recreation Park Way in North Fort Myers. For more information, visit www.conservation2020.

# Musician's Poetry Book Release

the release of her first poetry book, Speaking with My Second Mouth, Angela Page will read and discuss selected works from the collection then partake in a question-andanswer lunch session at Bullig Coffee & Bites on Saturday, February 9 from noon to 2 p.m. Kyle Anne Duggan will provide entertainment.

Speaking with My Second Mouth is an exploration of gender, sex, sexuality, and identity. The collection articulates how family and society enforce gender roles and stereotypes while chronicling her youth, adolescence and young adulthood. "These works are nonfiction told in metaphors," Page said.



Angela Page

photo courtesy Jesi Cason Photography

The poetry book was released on December 21, 2018 on Kindle and became available in paperback on January 8. Readers are encouraged to purchase the book in advance via ebook or in print. Page will offer some insights about the writing process and the book's content.

Duggan will perform her original songs and then perform a special duet with Page. The event is free to attend.

Bullig Coffee & Bites is located at 1815-1 Fowler Street in Fort Myers.



# Florida's Epiphytes

by Gerri Reaves

These photos of live oak (*Quercus virginiana*) branches provide a miniature course in Florida botany. The iconic rough-barked tree is a veritable ecosystem unto itself, hosting and supporting a wide variety of native plant and animal species.

Among the native epiphytes, or airplants, visible here are some of the state's most common: Spanish moss (*Tillandsia usneoides*), cardinal airplant (*Tillandsia fasciculata*), southern needleleaf (*Tillandsia setacea*) and giant airplant (*Tillandsia utriculata*).

All four species are members of the bromeliad, or pineapple, family.

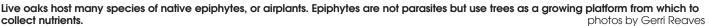
The most common species of that family is the hair-like Spanish moss. Its silvery gray tendrils are composed of countless individual plants that forms cascades up to 20 feet long. (By the way, it's not Spanish, and it's not a moss.)

Ferns and orchids are two other plant groups that include native epiphytes. They typically prefer high humidity and shade, so the tree canopy is hospitable.

In dry weather, epiphytes like that carpet of resurrection fern (*Pleopeltis michauxiana*) on the branches cope by drying up and appearing dead.

However, a rain shower revives,





unfurls and greens the leaves, thus the common name.

Epiphytes are not parasites. They use the host tree as a platform from which to gather resources.

Rough-barked species such as live oak and cypress, as well as non-native ones like Tabebuia trees, allow them to easily lodge in furrows and collect detritus or nutrients.

Water and the decomposed debris from insects, dust and other organic

material collect among the leaves or in the cup-like center of the rosette.

Native bromeliads usually have stiff downward curving leaves. Some, like the cardinal airplant, produce spikes of colorful flowers.

Bromeliads conserve water in "tanks" or the leaf bases. In fact, they can be hosts themselves for small animals such as tree frogs, mosquito larvae, centipedes, or even small snakes.

Florida's 16 native bromeliad species face serious threats, so never disturb them in the wild. In addition, almost all are threatened by the non-native Mexican bromeliad weevil (*Metamasius callizona*), whose larvae destroy the heart of the plant. Ten species are listed as either threatened or endangered by

Get outdoors and look up into the trees, where airplants reveal the intricate interdependence that inspires the phrase "web of life."

Sources: Guide to the Common Epiphytes of Florida by UF/IFAS, www.edis.ifas.ufl.edu, www.nps.gov.

Plant Smart explores the diverse flora of South Florida.☼

# Purchase Pursuit For Conservation 20/20 Properties

the Lakes Park gate from Gladiolus

of the road, continuing through the

the train station.

533-7576.☆

Drive, turn right and drive to the end

parking lot. Shelter A7 is located near

Lakes Regional Park is located at

For more information, call 533-7580 or

7330 Gladiolus Drive in Fort Myers.

The Lee Board of County Commissioners recently voted to pursue the purchase of seven parcels of land – totaling 662.5 acres – for the Conservation 20/20 program.

Four of the properties are primarily mangroves within state preserves known as the Pine Island Sound Aquatic Preserve and the Estero Bay Aquatic Preserve. The remaining three properties are adjacent to the state's Yucca Pens Unit of the Fred C. Babcock/Cecil M. Webb Wildlife Management Area on the east side of Burnt Store Road in northwest Lee County.

The Conservation Land Acquisition and Stewardship Advisory Committee (CLASAC) recommended these acquisitions during its October and November 2018 meetings. The board's action includes authorizing the spending of \$30,000 in reserves on appraisal and title services.

Conservation 20/20, which has preserved more than 28,000 acres since its inception, is Lee County's environmental acquisition and management program. Conservation lands help the county protect drinking water, enhance water quality, provide nature-based recreational opportunities, protect areas from flooding and provide wildlife habitat. Visit www. conservation2020.org to learn more.



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# Morning Meander At Lakes Park

Take a nature walk with a bird patrol guide at Lakes Regional Park on Saturday, February 2 at 8 a.m.

This easy walk along clear paths offers an opportunity to see birds in native vegetation with experienced bird patrol guides pointing out the many species in Lakes Park, a Lee County birding hot spot and crucial nesting area for many birds. Wear comfortable shoes and dress to be outside. Bring water, sunscreen and binoculars.

This tour, which is free with paid parking, is provided in cooperation with Lee County Parks and Recreation.

Meet at Shelter A7. After entering

# Professor To Speak On Aging

obody escapes the aging process, stressed Kathy Black, a professor of aging studies at the University of South Florida, Sarasota-Manatee and a speaker for the BIG ARTS Talking Points series. Black will speak on Tuesday, February 12 at 10 a.m. at the BIG ARTS Herb Strauss Theater.

"We are all stakeholders in an aging society," Black said in an interview about her talk, which will be titled Planning for Y(our) Longevity.

And there's no doubt we are an aging society. There are more people on the planet than ever, and they are living

longer.
"What we need to be doing is planning for the 100-year life," Black said. "But as a society, we haven't really being doing that. If we considered the 100-year lifespan in every program, policy and service we have, I wouldn't need to talk about this. But everything has been designed for a younger society, for younger eyes and ears and physical abilities.

Black has been the principal investigator of more than a dozen grants. Her articles have been published in more than 50 peer-reviewed publications. She is on the editorial boards of International Journal of Ageing & Society, Research on Aging, Social Work and Mental Health, and the Journal of Social Service Research and holds multiple degrees in social work and gerontology, including a doctorate.

She has spent 40 years working with older adults and their families in multiple settings, and has learned that there are things all of us can do to accommodate the people who are older today as well as those who will be older soon. Simple things like printing menus in a larger font can help, so can getting to know our neighbors, since more older people are living by themselves than ever. "That's particularly important in Florida, where about two out of three people moved to the state from somewhere else," Black



Kathy Black

photo provided

said. "So we don't have those ties of growing up next to someone for 40

"We did a study and found the biggest proportion of people were counting on their neighbors to help them. And we asked, 'But do your neighbors know that?' No, they don't, we found out."

That may be surprising, but there's another finding she shares in some of the presentations she gives that actually causes people to gasp: "Some demographers are predicting that 50 percent of children born today are likely to live to be 100.

And everyone wants to do that in the healthiest way possible. Although there are wild cards of environment and genetics, we can all optimize our chances of staying vital and healthy both mentally and physically.

The latest information is lifelong learning as well as good cardio blood flow to the brain and general fitness are the big lifestyle factors we can all do that can make a difference," Black said.

For tickets, visit www.bigarts.org or

call 395-0900. BIG ARTS Herb Strauss Theater is located at 2200 Periwinkle Way on Sanibel.☆

# Food Pantry For Local Federal **Employees**

ocal federal employees who are affected by the government shutdown and struggling to buy groceries and other necessities can find help from a mobile food pantry at Southwest Florida International Airport on Friday, January 25 from 11 a.m. to 1:30 p.m. The pantry will be held at 16000 Chamberlin Parkway, Lot #12.

The Harry Chapin Food Bank, the United Way of Lee, Hendry, Glades and Okeechobee Counties, Lee County Human & Veteran Services and the Southwest Florida Community Foundation are partnering to hold the pantry, primarily for TSA and air traffic controllers; however, all local federal

employees who need help are invited. Local TSA officials say 393

employees are being affected by the federal government shutdown. People in need will receive non-perishable food along with bread and produce. In addition, United Way 211 will provide information and referrals to other available resources. United Way 211 is a free 24-hour non-emergency helpline for health and social services that provide food, housing, child care, veterans services and more in Lee, Hendry and Glades counties. To contact United Way211, simply dial 2-1-1, or

"The current shutdown has created an economic emergency for many government employees and their families," said Richard LeBer, president and CEO of the Harry Chapin Food Bank. "We're glad to be able to provide some assistance to those who are struggling to feed their families."

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## Tax Cost Basis And Estate Planning



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Whith the large federal estate tax exemption, many believe that estate planning is no longer as important as it once was. Quite to the contrary, estate planning today is more important than ever. There are many non-tax reasons to ensure that your hard earned assets end up with your loved ones, protected from the reaches of divorcing spouses, creditors, predators, as well as in a tax efficient manner.

While federal estate taxes don't affect as many as they once did, income tax planning built into your estate plan can mean the difference between your spouse and other loved ones paying large

amounts, or even nothing at all.

More on that in a moment.

I recently returned from my 27th year attending the country's largest and best estate planning conference conducted by the University of Miami's Heckerling Institute. Unlike other areas of the law, keeping up with the myriad of changes to our nation's tax laws requires annual diligence. Since I'm board certified in wills, trusts and estates, I also must complete more than 120 hours of high level continuing legal education in my field every reporting period.

This year, the academic lecturers stressed the importance of planning for tax cost basis. Let me explain by example. Suppose you purchased ABC Stock at \$1/share. That is your "tax cost basis." Suppose that over the years the value of the stock increased to \$11/share. If you sold the stock at \$11/share, you would report a capital gain of \$10/share (\$11 selling price less the \$1 basis) and likely pay 20 percent capital gains tax.

If you were to gift that stock to your daughter during your lifetime, she takes the same tax cost basis in the stock that you would have. So if she sells the stock at \$11/share, she would also report a \$10/share capital gain and pay capital gains tax.

If instead of gifting the shares to your daughter during your lifetime, you left them to her in your will or revocable trust at your death, the tax cost basis of the stock increases to \$11/share. If she sells the stock at that price, she reports no capital gain.

Seems pretty simple. But it's not.

Many estate plans build in trusts for spouses, so that at the death of husband, for example, the trust continues on for wife for her lifetime. When wife dies, then the trust may distribute to children. When the estate tax exemption was lower, it was important to exclude the husband's trust benefiting wife from wife's estate.

That strategy no longer works, largely because it does not result in a second increase in tax cost basis when wife dies, resulting in unnecessary capital gains taxes. Those taxes

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may be quite high depending upon the appreciation that occurs between husband's death and wife's death. The longer that time period, the greater likelihood that the couple's financial and real estate portfolio increases significantly in value.

The trust for wife may be important, however, to protect the intended distribution to her and then to the children. Without it, if wife remarries, her new spouse may have rights to these assets. So it's important to build the trust in such a way to protect the assets from this danger while achieving the intended tax planning. This isn't always as easy as it sounds.

Consider, for example, that in order to achieve the increase in tax cost basis on the second spouse's death, not only will the assets that increase in value be adjusted, but so will the assets that decrease in value. This is because the tax law is written to adjust the new basis to the date of death fair market value.

Let's return to my example where husband left a trust for wife. Assume further that at wife's death some of the stocks in the portfolio increased by \$10/share while others decreased by \$5/share at the time of wife's death. Assume further that one of their homes increased in value by \$150,000 between the time of their deaths and the other home decreased in value by \$50,000.

Without sophisticated planning, not only will the increases adjust when the children inherit the assets, but the decreases will adjust as well, resulting in the potential larger capital gains taxes when those assets are sold. It is possible to draft a will or a trust instrument that would only adjust the basis to the value of the assets that increased, while leaving the decreased basis alone. How that's done, and whether that strategy is right for a particular client is beyond the scope of this column.

This is but one tax saving strategy that can be considered when planning a client's estate. There are dozens of others. And, as I wrote at the onset of this column, there remain many non-tax reasons to plan an estate.

I'll be writing about other income tax saving strategies in future columns. If you haven't revisited your estate plan in the last couple of years, now is the time to do so. The methods estate planners used to save taxes under the old law when the federal exemptions were lower may actually result in more taxes than necessary under today's law

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# Homeless And Veterans To Gain From Event

In an effort to provide the homeless and veteran populations in Lee County with access to essential goods and services, the Lee County Homeless Coalition will host the 19th annual Homeless Service Day and Veterans Stand Down at City of Palms Park on Saturday, February 2 from 8:45 a.m. to noon.

Services provided during the event to anyone who is homeless will include provisions for food, hygiene kits, backpacks, flu shots, haircuts and information on VA benefits. Referrals for substance abuse and mental health counseling will also be available. During the event, the Lee County Homeless Coalition will complete their annual Homeless

Census, which provides critical information on the scope of homelessness in our

"A Stand Down is a military term used to describe a brief respite from combat where troops could access a variety of services," said Janet Bartos, executive director. "Our hope is to help homeless individuals get what they need by providing these services in a one-stop setting."

At no charge, the effort to provide these "one-stop" services in one day is a collaborative endeavor that includes several agencies and civic organizations committed to supporting the needs and services of the homeless. There are over 25 agencies registered to attend this year.

City of Palms Park is located at 2201 Edison Avenue in Fort Myers. To learn more about how you can help join the fight against homelessness, contact Janet Bartos at 322-6600. For more information on the Lee County Homeless Coalition, visit www.leehomeless.org.

# New Deadline For Prevention Project Grant Application

The United Way of Lee, Hendry, Glades, and Okeechobee has announced the deadline for grant applications for funds from the Youth Violence Prevention Project (YVPP) has been extended to Friday, February 1 at 5 p.m. The original deadline was January 18, 2019

Applications should be submitted to the United Way by email to madison@unitedwaylee.org.

unitedwaylee.org.
The United Way and the Unitarian
Universalist Church of Fort Myers
(UUCFM) have begun a partnership
designed to reduce youth violence. The
YVPP is a community funding initiative to
encourage the development of programs

that will reduce youth violence and the risk factors that contribute to it.

YVPP focuses on giving grants to local youth centered organizations or communities who propose youth violence prevention projects with clear and measurable objectives. Projects may include awareness posters, guest speakers, skits and other activities that raise awareness about violence in the community.

The project will offer a total of \$25,000 in grants to fund student-driven programs that address youth violence prevention and awareness. Grants will be awarded in increments of \$500, up to \$2,500. Projects must be in Lee County.

A student committee will review the submitted grant applications and select projects to be the recipients of the funding. Selected projects will be required to match the funding with money or in-kind donations.

For more information or to apply, visit www.unitedwaylee.org/yvp.¾

#### **Book Review**

# **Unsheltered**



by Di Saggau

**T**nsheltered by Barbara Kingsolver is a tale of social change in two Americas. The book is constructed as two interlaced stories. The novel is set in Vineland, New Jersey, an

ancient family home with an ailing grandfather in the attic, and hippy-type grown children running about. Willa Knox and her husband did everything right and followed all the rules as responsible parents and professionals. How could they end up destitute, left with debts and an inherited brick house that is falling apart?

The magazine where Willa worked has closed along with the college where her husband had tenure. A disabled father-in-law and an exasperating, freespirited daughter live with them. Their Ivy-educated son, Zeke, is uprooted by tragedy and joins them with problems of his own.

The book whisks back 150 years to a parallel Vineland and a new heroine, Mary Treat, a biologist who corresponded with Darwin. She loves to put a finger in the Venus flytrap to check its digestive powers. A science teacher, Thatcher Greenwood, finds himself under siege. His employer forbids him to speak of the fascinating theories published by Charles Darwin. His young bride and social-climbing mother-in-law are afraid of scandal. Thatcher's friendships with Treat and a renegade newspaper editor threaten

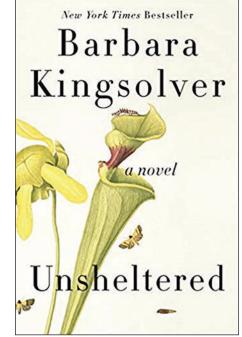


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to draw him into a vendetta with the town's most powerful men.

Kingsolver writes brilliantly and beautifully in a novel that touches the reader emotionally and rationally. Unsheltered is a compulsively readable story of two families, in two centuries, who live at the same location in Vineland. This time-shifting study of social change ranges from Darwin's science to the Trump era. The alternating stories maintain their distinctive tones but echo one another in curious, provocative ways. With history as their canvas, the characters paint a startlingly relevant portrait of life in precarious times when the foundations of the past have failed to prepare us for the future.☆

# School Smart



by Shelley M. Greggs, NCSP

ear Shelley, daughter is in kindergarten and doing very well academically. Socially, however, she seems awkward, and I am

concerned. Her teacher said that she has issues with personal space. Is there anything I can practice with her to help her understand this concept?

Lynette W, Sanibel

#### Lynette

Personal space refers to the physical space around our bodies that we like to keep free; we tend to only let close family, friends and pets enter our personal space. When anyone else enters, people feel uncomfortable and possibly threatened, so we tend to move or back away to increase the distance. Personal space needs depend on the individual's own needs and cultural background. Generally speaking, most

people are comfortable with a radius of 1.5 feet surrounding them but again it is dependent on personal and cultural

It may be that your daughter does not need as much space as others to feel comfortable and has not been able to regulate her own behavior in relation to his peers. This is guite understandable for a young child, but you do need to work with her on this concept, so it doesn't interfere with her social growth. Below are several ways that you and she can practice this concept.

One way to help establish the distinction between personal and general space is to have your daughter stand with her arms extended out to her sides and turn around in a circle while you explain that this is personal space. Tell her that it's a special space that gives people room to move around without bumping into another person's space.

To demonstrate this idea, use the bubble activity. Ask your daughter to pretend to blow up a large bubble and then get inside of it. The bubble represents her personal space, and she cannot touch anyone or anything while she is in this bubble or else her bubble will burst. Have her walk around family members to practice moving around in her bubble so she gets a sense of it.

Another way to help your daughter understand this concept is to write a social story for her. Social stories, created by Carol Gray in 1991, were originally intended to assist children with autism, however they have now been found to be inherently helpful to all children. Children often have trouble understanding the perspective of others, and a social story allows children to be exposed to how another friend might feel, think or react in different situations. Social stories are written in very exact and specific format that describes a complete event or interaction so that children are introduced to who or what is involved and what may happen. There are many social stories available

for free on the Internet that you could

With some discussion and practice, your daughter should be able to understand and master the concept of personal space so it does not interfere with her social behaviors.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.☆

# Bestselling Author Discusses Her Novel At Lecture

ake part in a presentation and lunch as well as a question-andanswer session with bestselling author Margaret Bradham Thornton during the upcoming Famous Author Lecture at the Sidney & Berne Davis Art Center on Monday, February 11 from noon to 2 p.m. Tickets are \$40 per person or \$300 for a table of eight.

Thornton will discuss her latest book A Theory of Love and sign copies. She is the author of Charleston and the editor of Tennessee Williams Notebooks, for which she received the Bronze ForeWord Magazine Book of the Year Award in autobiography/ memoir and the C. Hugh Holman Prize for the best volume of southern literary scholarship published in 2006, given by the Society for the Study of Southern Literature.

Thornton is a graduate of Princeton University and lives in Florida. For more information on Thornton, visit www. harpercollins.com/author/cr-108182/



**Margaret Bradham Thornton** 

photo provided

margaret-bradham-thornton.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For tickets and information, call 333-1933 or visit www.sbdac.com.₩

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# How To Protect Your Family's Future



by Jennifer Basey

Think about your loved ones. What will their future be like? Can you picture them living in your house many years from now? Can you picture your children going to college? Can you picture your

spouse or partner enjoying a comfortable retirement? These are all pleasant visions -but what if you weren't in these pictures?

If you were no longer around, you'd leave a gaping hole in the lives of your survivors. The emotional element would be

tough enough, but the financial aspect – the permanent loss of your income – could be devastating to all the hopes you've had for your family members. Fortunately, you can help prevent this "worst-case" scenario from happening – if you have sufficient life insurance.

Unfortunately, a lot of people don't – even when they recognize the need. LIMRA and Life Happens, two organizations that provide education on life insurance, report the following:

Only four in 10 Americans own an individual life insurance policy – although 85 percent say that most people need life insurance.

More than one-third of all households report that they would feel an adverse financial impact within one month of losing a primary wage earner's income, while nearly half would feel an impact in just six months.

What's keeping people from providing adequate insurance for their families? Here's a sampling of the most common reasons:

"I just don't want to think about it." Let's face it – like almost everybody, you probably don't like to think about death. And, consequently, you may well be inclined to postpone thinking about life insurance. But if you can just envision what your loved ones' lives would be like without you, in terms of their financial situation, you will find it easier to address your insurance needs in a calmer, more analytical manner.

"I have other financial priorities." You will always have financial obligations – mortgage or rent payments, car payments, credit card bills, student loans, etc. You can't ignore these expenses, but ask yourself this: Do any of them really take priority over the future happiness and welfare of your loved ones? Since the answer to this question is obviously "no," you will likely conclude that maintaining adequate life insurance is one of the most important financial moves you can make.

"I can't afford life insurance." If you think life insurance is prohibitively expensive, you're not alone. In fact, 80 percent of consumers think life insurance costs more than it does, according to LIMRA and Life Happens, while nearly half of the "millennial" generation estimates the cost at five times more than the actual amount. In reality, some types of life insurance, such as term insurance, is highly affordable.

"I don't know how much insurance I'll need." To determine an appropriate level of coverage, you'll need to consider a variety of factors, such as the number and age of your dependents, size of your mortgage, spousal income, amount of employer-provided insurance, and so on. A financial professional can help you calculate the amount of protection you need.

As you can see, none of the reasons listed above should really keep you from adding life insurance to your overall financial strategy. So, take action soon to help ensure that your wishes for your family's future will become reality.

This article was written by Édward Jones for use by your local Édward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.☆

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# The Art Of Dining



by Barb Cacchione

ften, I meet a client who thinks their dining room is the easiest of all rooms to furnish. Once they've made the decision on their table and chairs, they tend to think that's all there is to

it. Not so! While that may be one of the biggest decisions to be made, it's far from all

I submit that you still need to consider providing for the comfort of guests as well as the convenience of the host/hostess. I find that there are often problems unique to this room that often make it a design challenge. With that in mind, it does take some considerable planning to create and design a dining room that will be consistently used in your home.

Chairs alone are a far from simple choice. Massive ones take up too much space, so it's important to search for well-designed chairs that are comfortable as well. Don't worry about having enough dining room chair shapes and sizes to pick from – there are so many it's bewildering, unless of course you have professional help.

Tables, too, come in all shapes and sizes. The size should fit both the room and your family and ideally be designed for easy expansion. Expandable tables, with drop leaves, built-in extensions and inserts/leaves are all practical. Today's table design options can convert from a small cozy table to one that can be instantly enlarged when company is expected.

The lighting above your table should be carefully selected to assure the right wattage and the best light direction for the diners. This important element can be a focal point of the room's design. The height of the chandelier is another important decision.

It's also more convenient to have silverware, linens and serving pieces stored right in the room. A sideboard, or chest will help to give you the storage you need and can also handle the food for a sit-down buffet. If you opt for this additional furniture piece, consider its top. It's best for these pieces to be covered in a moisture and stain resistant material such as stone. Other storage options to consider are cabinets or armoires. A very attractive unit might also become the room's focal point – an extra added design benefit.

You'll find it helpful to think through the many uses of your dining room because our modes of entertaining are many and ever-changing. Ultimately, this means that your dining room design plan should be one that features flexibility. Whether you're hosting a Sunday brunch for six or an evening cocktail party for 20, versatility and comfort should guide you toward the best furniture and design plan.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coindecden.com.☆

# Super Bark Night

The Cape Coral Animal Shelter (CCAS) and Fathom's Restaurant will hold their monthly Yappy Hour with a theme of Super Bark Night on Friday, January 25 from 5 and 7 p.m.

This event is an opportunity for pets and their owners to spend an evening with outdoor entertainment while celebrating the upcoming Super Bowl. Participants and their pups are encouraged to join the fun by wearing their favorite team jerseys or colors.

Fathom's Restaurant and Bar will be providing beer and wine as a fundraiser for CCAS to receive all proceeds. Merchandise will be available for sale, and a 50/50 raffle will be held during the evening.

Yappy Hour is an ongoing event held the last Friday each month. Each month will have a different theme.☆



Craig R. Hersch

photos provided

# Estate Planning Workshop

s tax law updates take effect, there may be new opportunities for estate planning. Florida Bar Board Certified Wills, Trusts and Estates Attorneys Craig R. Hersch and Michael B. Hill, partners with Sheppard, Brett, Stewart, Hersch, Kinsey & Hill, PA, will provide important insights regarding estate planning opportunities during a free Estate Planning Workshop at The Community House on Sanibel on Wednesday, February 6 from 2 to 4 p.m.



Michael B. Hill

avoid probate.

During the workshop, Hersch and Hill will discuss effective estate planning techniques. Topics of discussion include:

How the tax law updates will affect your estate plan;

If your will and trust from up north is affected:

What you need to know about Florida estate and homestead laws;

Why you should update your legal documents; If you can save taxes by declaring

Florida residency; How to keep your legal documents up

to date: How your revocable trust may not

Attendees will receive a complimentary written trust analysis if they bring their current documents to the workshop. Attendees will also receive a free book, The Florida Residency & Estate Planning Guide, by Hersch.

The Community House is located at 2173 Periwinkle Way. To reserve a seat, sign up online at www.sbshlaw.com/ workshops or call 322-3831.

# Commissioner To Discuss Goals

arry Kiker, chairman of the Lee County Board of County Commissioners, will address the challenges and priorities facing Lee County government at the Real Estate Investment Society's (REIS) luncheon meeting in the Osprey Room at Pelican Preserve's Clubhouse on February 12 at 11:45 a.m.

Commissioner Kiker's presentation will focus on the county's budget, coordination with municipal governments, infrastructure projects and the county's role in managing water resources. The commissioner is also expected to discuss growth management, impact fees and local legislative priorities in the upcoming Legislative Session. Following the presentation, Commissioner Kiker will respond to questions of specific interest to the real estate investment and development industry.

Commissioner Kiker is also chairman of the Board of Port Commissioners, which governs the Lee County Port Authority. He represents Lee County

Commission District 3, which includes south Fort Myers, Fort Myers Beach and Bonita Springs. He owns Lahaina Realty on Fort Myers Beach, where he served as mayor for five years.

The meeting is sponsored by Chapman Insurance. Cost is \$30 for members and \$40 for guests, which includes lunch.

Pelican Preserve's Clubhouse is located at 9802 Pelican Preserve Boulevard in Fort Myers. Reservations are required by February 7 and may be made online at www.reis-swfl.org.☆

# Cameras Instrumental In **Guilty Verdict**

Tideo evidence from cameras mounted in downtown Fort Myers by the Fort Myers Police Department were important pieces of evidence in the trial of Derek Riccobono, who was found guilty as charged for attempted first degree murder and discharging a firearm from a vehicle. A jury announced its decision on Thursday, January 17, and the trial took less than two days for them to deliver a guilty verdict.

The incident took place on August 26, 2017, and the camera system documented Riccobono stalking his victim for about 15 minutes. Video evidence and prompt police work resulted in an arrest within three days. Riccobono's conviction is one of the first major cases involving the use of the downtown camera system.



# Furor Continues Over Blown Call In NFC Championship Game

by Ed Frank

7ith Super Bowl LIII between the Los Angeles Rams and the New England Patriots little more than a week away, the airways and written media continue to hammer away at the obvious blown call that most likely would have put the New Orleans Saints in sports biggest game instead of the Rams.

The insanity of last Sunday's two conference championship games, both overtime epic struggles, has even gone so far with cries that the game between Saints and Rams should be replayed.

Of course, it all goes back to the blown pass interference call late in the game when officials failed to flag the Rams cornerback Nickel Robey-Coleman for a helmet-to-helmet hit on Saints

receiver Tommylee Lewis inside the five-yard line with only 1:45 remaining.

Had the call been made, it would have allowed the Saints to run down the clock

before attempting a short game-winning field goal.

Buried deep inside the NFL rule book is Rule 17, Section 2 and Article 1 which reads: The Commissioner has the sole authority to investigate and take appropriate disciplinary and/or corrective measures if any club action, non-participant interference or calamity occurs in an NFL game which the Commissioner deems to be extraordinarily unfair or outside the accepted tactics encountered in professional football that such action has a major effect on the result of the game.

Under Section 2, the Commissioner has the power to reverse a game's outcome or reschedule a game either from the beginning or from the point where the extraordinary

Of course, no way is this going to occur. But the egregious non-call already has brought demands that pass-interference calls and non-calls should be subject to review. And the official who blew the call could be subject to a fine, suspension or both.

In the off-season, the NFL is likely to review whether to make pass-interference penalties reviewable. It already has been the subject in the past, but the league deferred action fearing such reviews would further lengthen the time of games

Saints Coach Sean Payton said he was told by the NFL's head of officials that game officials last Sunday "blew the call."

Saint's owner Gayle Benson has sent a stinging letter to the NFL stating, "no team should ever be denied the opportunity to reach the title game (or simply win a game)

#### **SPORTS QUIZ**

- 1. Which teams hold the major-league record for most hits in a nine-inning game?
- 2. When was the last time before 2017 that the Houston Astros won a division championship?
- 3. Dallas' Dak Prescott set a rookie NFL record in 2016 for highest completion rate (67.8 percent). Who had held the rookie mark?
- 4. Which original member of the ACC has never won the conference's men's basketball tournament?
- 5. John Bucyk (545 goals) and Phil Esposito are the top career goal scorers in Boston Bruins history. Who is No. 3?
- 6. Which is the only host country to be eliminated from the Group Stage in men's World Cup soccer history?
- 7. When was the last time before 2017 that Maryland won the NCAA men's lacrosse championship?

#### **ANSWERS**

6. South Africa, in 2010. 7. It was 1975. a 66.4 percent completion rate in 2004. 4. Clemson. 5. Rick Middleton, with 402 goals. 1. The 1901 New York Giants and the 1992 Milwaukee Brewers, with 31 hits each. 2. The Astros won the N.L. Central in 2001. 3. Pittsburgh's Ben Roethlisberger, who had based on the actions or inactions or those charged with creating a fair and equitable playing field.

Despite the uproar, next Sunday's Super Bowl finds the New England Patriots back in the Super Bowl for the third straight year as they seek their sixth title. If successful, the Patriots will tie the Pittsburgh Steelers for the most Super Bowl wins.

The last time the Patriots and Rams (then the St. Louis Rams) met in the big game was way back in 2001 with New England winning 2017.

Early betting installed the Patriots a two-point favorite.

And should you want to attend the game in Atlanta's Mercedes-Benz Stadium, Stub Hub early this week had average tickets selling for \$3,325 each.☆

## New Manager For The Miracle

The Fort Myers Miracle will have an entirely new coaching staff in 2019, led by manager Toby Gardenhire. Gardenhire, son of former Twins manager and current Detroit Tigers manager Ron Gardenhire, led the Low-A Cedar Rapids Kernels to a 77-62 record and a playoff appearance in 2018. He replaces Ramon Borrego, who led the Miracle to the Florida State League title last season. Borrego will manage Double-A Pensacola this season.

Gardenhire was drafted by the Twins in 2002 and 2005 and went on to play in the organization from 2005 to 11. He played for the Miracle in 2007 and 2008.

Following his playing career, Gardenhire served as the head coach at University of Wisconsin-Stout from 2012 to 16 before rejoining the Twins organization as a coach. He worked with the GCL Twins in the summer of 2016 and was the third base coach for Triple-A Rochester in

"I am very excited to lead the Miracle this season," Gardenhire said. "I have fond memories of Fort Myers during my time as a player and look forward to the opportunity to defend our FSL championship in 2019. Our fans can look forward to watching another talented group of players on a nightly basis this

Joining Gardenhire on the coaching staff are pitching coach Luis Ramirez, hitting coach Matt Borgschulte, coach Frank Jagoda, athletic trainer Ben Myers and strength and conditioning coach Chuck Bradway.

Ramirez spent the past four seasons as pitching coach for Rookie-level Elizabethton. He resides in Valencia, Venezuela and played 15 seasons of professional baseball in the United States, Venezuela, Columbia and Taiwan.

Borgschulte was the hitting coach for the GCL Twins in 2018, his first season

as a coach in the Twins organization. He spent 2017 as the fourth coach for the Palm Beach Cardinals and 2016 as the hitting coach at Southeast Missouri State University. He is a native of St. Louis, Missouri.

Jagoda served as the minor league rehab pitching coach last season. Myers was the athletic trainer for Low-A Cedar Rapids. Bradway begins his second season in the Twins organization.

Miracle Opening Night at Hammond Stadium is Thursday, April 4 against Charlotte.☆

# Free Guided Hike On World Wetlands Day

elebrate World Wetlands Day with a free guided hike at Prairie Pines Preserve on Saturday, February 2 at

A certified master naturalist will lead the 90-minute, quarter-mile loop hike at this Conservation 20/20 preserve to discuss the importance of natural wetlands for our drinking water supply, flood prevention and the protection of native plants and

A portion of the path includes an elevated boardwalk and observation area over a seasonal wetland. Possible wildlife sightings include wading birds, warblers, woodpeckers and the state-listed threatened Florida sandhill crane.

Suggested items to bring include water, hat, sunglasses, sunscreen and camera. Wear closed-toed shoes appropriate for hiking.

Registration is required. Call Conservation 20/20 Coordinator Jason Boeckman at 204-1125 to make a reservation. Space is limited. Parking is

Prairie Pines Preserve is located at 18400 North Tamiami Trail in North Fort Myers. Visit www.conservation2020.org or call 204-1125 for more information.

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# Children's Charities Officials Host Kickoff For Wine And Food Fest

WFL Children's Charities, Inc. recently hosted a kickoff event in anticipation of the 2019 Southwest Florida Wine & Food Fest, bringing trustees, sponsors and supporters together to commence another season of spirited philanthropy. The cocktail reception was hosted by 2019 co-chairs Christin Collins, Brooke Denson and Debbie Toler at the home of Brooke and Patrick Denson in Miromar Lakes.

The grand tasting and live auction of the 2019 Southwest Florida Wine & Food Fest will take place at the Hyatt Regency Coconut Point Resort and Spa in Bonita Springs on February 24 at noon, supporting the efforts of SWFL Children's Charities, Inc. to build healthy minds and lives for the children of Southwest 



**Brooke Denson and Debbie Toler** 

photos provided



From left, Peter Vamvakaris, Michelle Graham and Scott Fischer



From left, Richard and Cindy Harding with Kathy and Larry Courtnage



From left, Joe and Jenn Pavich with Jessica and Ray Higdon



From left, Jason Stephens, Bill Toler, Armando Llechu and Pat Denson

# SPECIAL WORKSHOP TO DISCOVER YOUR ESTATE PLANNING **OPPORTUNITIES**

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- If your will and trust from up north remain valid
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- Why you should update your legal documents
- If you can save taxes by declaring Florida residency
- How to keep your legal documents up-to-date
- · How your revocable trust may not avoid probate



#### Friday, February 1

2:00 p.m. – 4:00 p.m. Naples Daily News **Community Meeting Room** 1100 Immokalee Road Naples, FL 34110

#### **Tuesday, February 5**

2:00 p.m. – 4:00 p.m. First Assembly of God Church 4701 Summerlin Rd Fort Myers, FL 33919

#### Wednesday, February 6

2:00 p.m. – 4:00 p.m. **Sanibel Community House** 2173 Periwinkle Way Sanibel, FL 33957

Complimentary Written Trust Analysis: Bring your current documents to the workshop!

**Presented by:** Craig R. Hersch Michael B. Hill Florida Bar Board Certified Wills, Trusts & Estates Attorneys

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From left, Fred Hawkins, Richard Pitbladdo, Maria Wiles, Michael Holmes, Lucy Jarvis and Vlcki Pitbladdo photos provided

# Concert Raises \$565K For Heights Foundation

n intimate concert at The Heights Center raised \$565,000 on November 10. Funds raised support The Heights Foundation/The Heights Center programs that help at-risk families in Harlem Heights attain self-sufficiency. The concert featured GRAMMY awardwinning musicians Hillary Scott & The Scott Family and Billy Dean.

Hillary Scott is a founding member of one of the world's most popular groups, Lady Antebellum. The Scott Family includes Scott, her mother Linda Davis, her father Lang Scott and her sister Rylee. The track Thy Will from the 2016 two-time GRAMMY award-winning album Love Remains hit No. 1 on the National Christian Audience Chart, Billboard's Christian Digital Songs Chart and Hot Christian Songs Chart. Dean, a modern day American troubadour, has released 11 albums and has been recognized with awards and nominations from the GRAMMYs. CMA and ACM.

The concert was underwritten by local philanthropists Dave and Cheryl Copham, and sponsored by Stilwell Enterprises, Youngquist Brothers, and FineMark National Bank and Trust.

The theme of the event was Family, Faith, Friends and Paying It Forward, and 110 guests attended the evening concert, a VIP meet-and-greet with the artists, a farm-to-table dinner prepared by Chef Harold Balink and an after-concert music jam under the stars.

'The Copham's hosted this concert to commemorate Dave's 75th birthday and to pay it forward for all the blessings in their lives," said Kathryn Kelly, founder and CEO of The Heights Foundation/The Heights Center. "It was an unforgettable evening of music with a message of love and hope. And because of their generosity, all sponsorships and ticket sales directly benefit the families we serve.

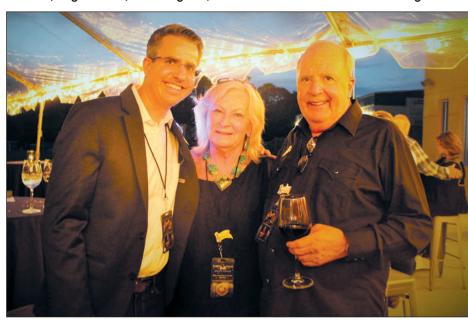
Harlem Heights was originally settled as a rural agricultural community. Approximately 780 children live in a mixture of single-family homes and multifamily apartments. Demographically, the population is approximately 70 percent Hispanic, 20 percent African-American, and 8 percent Caucasian. The poverty rate for children in Harlem Heights is more than twice the county average, with family income 40 percent below the



**Cliff and Georgeanne Williams** 



From left, Angela Distel, Dan Creighton, Brooke Denson with Don and Andie Vogt



From left, Jan-Erik Hustrulid with Sandy and Rich Heinrich

county average.

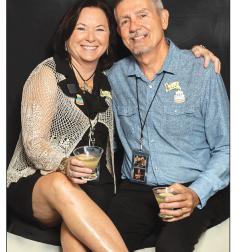
The Heights Center, supported by the Heights Foundation, is a place for education, opportunity and enrichment. The Heights Foundation works to build strong, self-sufficient families in the Harlem Heights neighborhood. As a 501(c)3 grassroots organization, the

Center's mission is to promote family and community development, support education, health and wellness, and provide the benefits of enrichment, expressive and cultural arts.

For more information, visit www. heightsfoundation.org/copham or call 482-7706.\pi



From left, Lang Scott, Linda Davis, Tim Youngquist, Hillary Scott, Sandy Stilwell, Rylee Scott and Billy Dean



Kathryn Kelly and John DeMaster

# Scholarship Applications Being Accepted

he Alvin A. Dubin Alzheimer's Resource Center is accepting scholarship applications from local Lee County high school seniors for its 2019 Scholarship Award Program. The Dubin Alzheimer's Resource Center offers scholarships to collegebound students who have had personal experiences with someone suffering from Alzheimer's disease or related

Seniors from local high schools are invited to submit applications for \$1,000 scholarships. Each applicant is asked to write a narrative about his/ her positive experience with a family member or friend who is affected by Alzheimer's disease or dementia. A panel of advisory council members of the Dubin Alzheimer's Resource Center will review the applications focusing on the narrative as well as the student's volunteer experience and future goals.

Completed applications, including letters of recommendation, must be postmarked by March 31. Recipients will be announced in May. The center has awarded over \$30,000 in scholarships. To obtain an application, students can visit at www.

alzheimersswfl.org. The Alvin A. Dubin Alzheimer's Resource Center, a local United Way partner agency, provides informational, educational and supportive assistance to individuals with Alzheimer's disease and related disorders and their caregivers in Lee and Hendry counties. For more information, call 437-3007.容

# Fake Threats A Focus For School District

The School District of Lee County and its partners in law enforcement are sending a message to students – fake threats have real consequences. Students that threaten violence against their school, whether in person, in writing, in a post or in a chat, can and will be arrested.

'Threats to our schools are not harmless, and can be dangerous, said Superintendent Dr. Greg Adkins. "They take valuable resources and time from our school district and the law enforcement agencies who work with us each day to keep our schools safe.'

Working together, the district, Lee County Sheriff's Office, Cape Coral Police Department, Fort Myers Police Department and Sanibel Police Department created a public service announcement (PSA) warning students against making fake threats. In the video, all four agencies warn students, "You could go to jail. Making a threat is a crime, even if you don't mean it."

Law enforcement takes all potential threats of violence very seriously and thoroughly investigates and analyze all

threats to determine their credibility," said Sheriff Carmine Marceno. "With a thoughtless remark on social media or a school wall, students risk starting out their adult lives in prison and forever being labeled a felon."

The PSA will be featured as part of each middle and high school's morning announcements. Flyers with the "Fake Threats, Real Consequences" slogan will be posted around the schools, and a social media campaign will help spread the message. In addition, the district has created a webpage the community can use to help prevent fake threats.

"We don't want to see a young person start out adulthood with a felony record over an impulsive social media post," said Fort Myers Police Chief Derrick Diggs. "It's not a joke; always

think before you post."
Students also face suspension or expulsion for making a threat, whether they mean it or not. College applications, scholarships and future employment are all jeopardized. Parents are urged to take this opportunity to talk with their children about the severity of making a false threat.

"Making a threat can no longer be excused," said Cape Coral Police Chief Dave Newlan. "They have real and devastating consequences. Law enforcement is not going to tolerate any kind of threat, whether you mean it or

not."

Versions of the PSA are available at https://one.aspx?por www.leeschools.net/cms/One.aspx?port alId=676305&pageId=6887607.\$

# Dean's List

ort Myers native William Wiggins was recently named to the Dean's List for the Fall 2018 semester at Wheaton College in Wheaton, Illinois.☆

## Dean's List

ape Coral native Michaela Delaney was recently named to the Dean's List for the fall 2018 semester at University of the Cumberlands in Williamsburg, Kentucky.☆

From page 1

# Rare Friendship

friendship is beautifully portrayed in many short scenes, spanning their years of commitment to their causes. At one point, Douglass asks, "Will you stand with me?" Anthony refuses, and a major rift occurs.

Anthony and Douglass' friendship lasted over 45 years and watching Galyean and Lively portray them is a theatrical treat. They are each other's equal as they battle racism and social inequality. The Agitators is directed by Bill Taylor, and I highly recommend you see it. The show plays through Sunday, January 27. Tickets are available at Alliance for the Arts, located at 10091 McGregor Boulevard in Fort Myers, online at www.artinlee.org/theatre or by calling 939-2787. A

# **Advances** In Alzheimer's Topic Of Lecture

hell Point Retirement Community continues its 4th annual 2019 Medical Breakthroughs & Discoveries series with a presentation by Dr. Amanda Smith of Byrd Alzheimer's Center and Research Institute on Monday, January 28 at 2 p.m. The free educational health care program, which will be held at the Village Church Auditorium on The Island at Shell Point, is entitled Advances in Alzheimer's Diseases.

During the presentation, Dr. Smith will establish an understanding of Alzheimer's and dementias, cover current treatment and strategies, discuss advances and diagnosis, and review the status of current research and lifestyle behaviors that reduce the risk of Alzheimer's.

Smith is the director of clinical research at the Byrd Alzheimer's Center and Research Institute at the University of South Florida Health, as well as an associate professor in psychiatry and behavioral neuroscience at the University of South Florida's Morsani College of Medicine. Shell Point's 2019 Medical

Breakthroughs & Discoveries series is an annual community health care speaker program that serves as a resource for residents in the



Dr. Amanda Smith

photo provided

greater Fort Myers area. All Medical Breakthroughs & Discoveries events are free to the public.

The Village Church Auditorium at Shell Point is located at 15100 Shell Point Boulevard in Fort Myers. For more information or to register, call 433-7936 or visit www.legacyshellpoint.  $\text{org.} \overset{\bowtie}{\bowtie}$ 

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# Diet, Lifestyle And Healthy Brain Aging





by Ross Hauser, MD and Marion Hauser, MS, RD

esearch over the years has shown that people who follow the Mediterranean diet principles experience better cognitive function. A recent study, published in the scientific journal NeuroImage, showed further evidence of an association between diet and healthy brain aging out of our alma mater, University of Illinois at Urbana-Champaign. This study tested cognitive function, as well as MRIs to evaluate brain network efficiency. Researchers found links between five nutrient biomarker patterns and better results on memory tests, general intelligence, executive function and more efficiently process information, in people consuming the Mediterranean diet.

The Mediterranean diet, (also

Marion's favorite types of food), is based on the traditional foods of Italy and Greece and is considered a "Blue Zone" where people live long healthy lives with lower incidence of lifestyle diseases such as heart attacks, strokes, type 2 diabetes and early death. It is a plantbased diet rich in vegetables, fruits, legumes, potatoes, whole grains, herbs, and spices, as well as fish, seafood, and healthy fats such as cold-pressed extra virgin olive oil, olives, avocados and fresh yogurt. Beverages consumed are water, red wine, coffee and tea (without added sugar or sweeteners). Foods avoided are refined flour, sugar, soda, margarine, oils, processed meats, and other highly processed so-called

The Mediterranean lifestyle also includes regular daily walking, bicycling, reading and socializing with your "tribe," all things that are easy to do here on beautiful Sanibel Island. Let's face it, we can get outside just about any day of the week. Local grocery stores provide great sources of healthy Mediterranean foods. We have a great library and many sources of brain-stimulating activities right here. Let's make sure we all take advantage of these things that will help our brains age gracefully.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.

deaRPharmacist

# Take A Fish Oil With Your Statin; It Works Better



ear Readers:
Over
15.5 million
Americans have
CAD, Coronary
Artery Disease, and
every 42 seconds
a person has a
heart attack (termed

myocardial infarction

or MI). A third of these people die. The conventional thought process to prevent an MI is to lower cholesterol.

Whether or not that approach works is up for debate, but the reality is these drugs are extraordinarily popular with physicians and patients. The word "statin" is a household name.

Pharmaceutical companies harvest 25 billion in revenue annually from their use which is in everyone now, even kids. Statins come with some 'drug mugging' though, among the stolen nutrients: CoQ10, selenium, zinc, vitamin D, E and copper.

There are millions of people taking statins, and I can make your statin work better. Take them with fish oils.

Fish oils are supplements that are known to boost cardiovascular health. There have been two trials that recently showed unprecedented results. The JELIS Trial and the REDUCE-IT Trial. These studies used an EPA only drug, Epadel and Vascepa, respectively. These are purified fish oils that require prescription and do not contain and DHA.

Keep in mind that both EPA and DHA are in regular supplements, so if you look at your fish oil at home, you'll see both EPA and DHA listed on the Supplement Facts Box. Just FYI, the trials above were

essentially self-funded using medications that they themselves manufacture, not fish oils from a health food store.

The purpose of the JELIS Trial was to find out if EPAs would enhance a statin, or if a statin alone was enough. Every person in the study was on a statin. Cholesterol numbers came down in both groups (the statin only group, and the statin plus EPA group).

But this part's excellent. After  $4^{1/2}$  years, the most dangerous and potentially catastrophic consequences were significantly lower in the group who took EPA with their statin. Their incidents were reduced, in some cases by up to 28 percent for example, in the group of people with unstable angina.

One potential mechanism of action is that EPA reduces your body's production of arachidonic acid (AA), which is an inflammatory compound. Reducing AA improves the outcome of many conditions, including Alzheimer's, depression and autoimmune diseases.

The ratio of EPA to AA in your body is very important – that's the message I'd like to get out there. You want the EPA to be higher than the AA, so taking a high EPA fish oil is what works. If you'd like to read my awesome much longer and more comprehensive article on this topic, sign up for my free newsletter at www.suzycohen.com, and I'll email it to you next week.

In the meantime, if you take a statin medication right now, consider a fish oils supplement, one that is tilted in the direction of EPA versus DHA. There are brands sold at health food stores, and online like this. You can also ask about the fish oil medications available by prescription, if you prefer this route for insurance purposes, or because that's what was given to participants in the above-mentioned clinical trials.

# Cardiothoracic Center Open

hipley Cardiothoracic Center officially opened its doors last week, ushering in a new phase for cardiothoracic care in Southwest Florida. The center, located at HealthPark Medical Center, is an innovative approach to the surgical treatment of heart and lung diseases with an emphasis on innovation, education and research.

Through cutting-edge treatment and dedication to patient care, the Shipley Center has made a difference in the lives of thousands of patients, including Samuel Frazer, who underwent an aortic valve replacement after a heart attack last year. After undergoing the minimally invasive transcatheter aortic valve replacement (TAVR) procedure at Shipley, Frazer says he's never felt better.

"I honestly feel like a new person. The care and professionalism I received was just outstanding, and I'm not someone who uses a lot of superlatives," Frazer, age 85, said. "I'm so fortunate that right down the street is this amazing facility that can perform this specialized procedure."

The 13,290-square-foot Shipley Center expansion establishes an innovation hub focused on patient care optimization, research and learning opportunities for surgical clinical teams worldwide. The Shipley Center aims to improve patient outcomes through an indepth understanding of individual patient risk factors, co-morbidities and personal health needs before surgery. The center will also include a component of health education to help patients understand how to stay healthy and potentially avoid surgery.

The center was made possible by an initial \$2.5 million gift from Shipley Foundation, Inc., headed by Richard C. Shipley of Sanibel, and additional funds were raised through community donations.

"Our goal with the Shipley Center is to provide the latest and best in cardiothoracic care for our patients, and we couldn't have done this without the generosity of our community. Our team is truly humbled by the outpouring of support, and we look forward to continuing to enhance and improve outcomes through education, innovation and research," said Paul DiGiorgi, MD, a cardiothoracic surgeon with the Shipley Center.

The expansion also includes an educational conference center for surgeons and health care professionals that come from across the country to train. This hub provides live-case teaching, simulators and destination and distance learning opportunities for health care professionals.

For more information, visit www. leehealth.org/surgery/cardiothoracic-surgery/shipley-center.asp. \*\*

From page 1

# **Artist Reception**

significantly to its exhibitions. The purpose of the group is to stimulate attainment of the highest standards of creative art with the state of Florida.

FLAG members are juried into the organization and include representational and abstract artists producing traditional and contemporary art in a variety of media and style.

Several notable artists in the Naples and Fort Myers areas are members of the local FLAG chapter, such as Joan Sonnenberg, Joan Klutch, Cheryl Fausel, Honey Costa, John Merchant, Peter Zell, Anna Rac, Richard Rosen, Joel Shapses and Christina Wyatt. The group has a strong abstract expressionist style and all have won recognition for their art either nationally or internationally.

Stirn's cherished tools are knives. However, she is a resin art master. Both knives and the resin are unforgiving yet clear and finite when used. Working within the acrylic family is enjoyable for her, but working with modeling paste and resin

is where the art begins; free form and each application is a form of sculpting. What she loves best about creating art is the freedom of expression without fear of consequence. When Stirn can say a work has turned out well, this is the moment when she can return to the finished piece over the course of several days and repeatedly be transported into the picture itself.

Stirn's style centers on both working in circular and straight line motions, while respecting Fibonacci sequences in the placement of each element. Bright light, layers of color and use of metallic pigments are her standard. What she does differently from what she was taught is dirty brushing. Her brushes and knives during the painting process are usually lapped with new colors without washing. The blends are one of a kind. Stirn's go-to color on the spectrum is Prussian blue and is usually incorporated in to her skies, water scenes and shadowing.

These exhibits will be on display until Monday, February 25.

Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers. For more information, call 337-5050.

# PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services Tank And Jasmine





Tank ID# A764499

Jasmine ID# A764600

ello, my name is Tank. I am a 2-year-old male pit bull who is a dashingly handsome guy with beautiful coloring that will match just about anything you wear. My great manners and disarming personality will win you over in a matter of minutes. As soon as I do win you over, I will no doubt cover you with kisses. I love to play, so if exercise is part of your New Year's game plan, then I am the perfect companion for you.

My adoption fee is \$25.

Hi, I'm Jasmine. I am a 2-year-old female lab/pit mix who is 40 pounds of love once you allow me to get past my shyness and come out of my shell. I am always happy to see my volunteer friends at the shelter, and I greet everyone with my happy tail wag. I am patient and sweet and need my 'person' to come find me and see the dog that others see. I am the perfect size if you are looking for a mediumsized companion.

My adoption fee is \$25

Lee County Domestic Animal Services invites you to make Śkip the Jog and Walk a Dog your New Year's resolution this year. Include pets as a part of your New Year's plan and consider that a new pet can help you achieve many of the most popular goals set each year. The adoption fee for all dogs over 6 months will be just \$25 through January 31 to assist potential pet owners in finding a new exercise partner and best friend.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387. \$

#### Haven on Earth Animal League

# Lily And Sylvia

i, I'm Lily! I'm a beautiful 2-year-old female tabby with a white bib. I have been ▲fully vetted and brought up to date on all vaccines. My adoption fee is \$100. Come see me at Petco in Gulf Coast Town Center.

Hello, I'm Sylvia. Aren't I just adorable? I'm only 6 months old and a very sweet little girl. I'm currently staying with a foster family and would really like a home to call my own! My adoption fee is \$100 which includes vaccines and spaying.

We are being cared for by Haven on Earth Animal League. For more information,





**Lily Sylvia** call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.\$

#### **PAWS Of Sanibel**

# Brava And Lucy

wo very unusual and beautiful sisters are up for adoption. One is tortoiseshell cat with white or calico features, while the other is a dilute tortoiseshell.







Brava

Lucy

These photos do not do them justice, as they are much more adorable in person. Adopt one, or keep them together and adopt both. They are four and five months old. They come with complete vet check-up, all shots, tests, wormed, treated with flea preventative and spayed. Call Pam at PAWS at 472-4823 to adopt one or both.☆

## Sonny And Cher

his is Sonny and Cher. Some of you may remember them. Three years ago, four kitties, the momma and three kittens





Cher

were trapped between the Sunset Beach Resort and Lantana condominium on West Gulf Drive. All were adopted (Lana, Tanner, Sonny and Cher) to lovely people. However, Sonny and Cher's mom has reached a time in her life when she feels she must move in with family over on Pine Island. Unfortunately, in addition to her granddaughter being allergic, her son operates a business out of his home that is directly on Pine Island Road and the doors are always opening and closing, so it's not safe for kitties. These are very special kitties, and need to be together forever. Call Pam at 472-4823 if you can give these sweethearts a new home.

## New Year's Kittens

ictured are the three remaining **PAWS** kittens. Donner, Cupid and Comet are so adorable. Cupid, in the middle.



Donner, Cupid and Comet

is the only remaining female. These kittens are very sweet and now 10 weeks old. The only folks that came to see them left with two kittens. Maybe there's someone out there that will take home triplets. They are too cute to choose. Call Pam at 472-4823 to come spend time with these precious little babies.☆

	WS
Emergency FROM THE BEACHES TO DOWNTOWN FORT MYES	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	
Poison Control.	1-800-282-3171
HealthPark Medical Center.	1-800-936-5321
Ft. Myers Chamber of Commerce	
Foundation for Quality Childcare	
Fort Myers Beach Chamber of Commerce	
Lakes Regional Library	
Lee County Chamber of Commerce	
Post Office	
Visitor & Convention Bureau	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts HallBIG ARTS	
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	
Florida Repertory Theatre at the Arcade	
Florida West Arts	610-653-7940
Fort Myers Symphonic Mastersingers	
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	
Naples Philharmonic	239-597-1111
SW Florida Symphony	418-0996
Theatre Conspiracy	
Young Artists Awards	574-9321
CLUBS & ORGANIZATIONS American Legion Post #38	220 222 1052
Angel Flight	1-877-4AN-ANGFI
Animal Refuge Center	731-3535
American Business Women Association	
Audubon of SWFL	339-8046
Audubon Society	482-1366
Caloosahatchee Folk Society	
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	
Embroiderers Guild of America - Sea Grape Chapter	
	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confec	leracy728-3743
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30

#### THE LATEST **Super** Crossword **FASHION ACROSS** 115 Dir. from Del. 12 Compadre 61 Certain 53 Keats verse 90 Uraed in 1 Stuff numbed opera singer 13 "Shrek!" 54 Gobs to Vt. defense 62 Adders, e.g. 116 Busy mo. for 55 Railing locale 91 Intentions into a 747 author 8 Bracing 63 Most blaring a CPA William 56 Hurricane 92 Close 14 Like time, devices 66 Sculling tools 117 Big particle relative friendship 14 Teeny bit 68 As blind as speed and **57** See physics lab between 20 "Stephen," to in Świtz. temperature 37-Down guys **97** "Wheels" the French **69** Elegant tree 118 "Hail, Nero!" 15 Bad, to Luc 58 Green-lights 21 Rip into 72 Pharmacy 119 Big name in 16 Including 59 Alan of 98 Nav. officer sneakers "White Mile" 22 Untrue rumor amount everything 101 Expunges 73 Riddle, 60 Doves' calls 23 Start of a 121 Riddle's 17 Author Steel 102 African viper riddle part 4 answer 18 More 64 Horrify 104 Implant that 25 "Ironic" 128 Lenient sandlike **76** Blackthorn 65 Reasonably helps in 77 Fire residue 19 MS markers muscular returning a sinaer 129 Beethoven's Morissette 78 Lady Grey Third, 24 "Yuk" 67 Lactose, lost pet 79 Sauce brand familiarly relative 105 Athens' 26 Enzyme e.g. name ender since 1937 **130** Mark 29 PC screen **69** Unrequired land 106 Husband of 27 Solo for a 80 Stays away Antony's wife variety course 131 Local lingoes 70 Rob of the 41-Across from 31 Special — Lily Munster 28 Not feeling 82 Total or Life 132 Wet slightly (mil. group) Brat Pack 108 Greet with a hand well at all 84 Neighbor of 133 Wee baby 32 Toll, for one 71 Disorder 30 Set aflame a Swede 33 Atomizer 74 Gets close motion DOWN 111 Resulted in 31 Riddle, 86 Goes fast for spraying 75 Mom or part 2 87 Riddle. Seder paint dad's sister 112 Followed a . 39 Shar- — 34 Turned right part 5 celebrant **76** "Da Doo curved path 40 No, to Burns 93 NATO part 113 Hit skit show 2 Ordinal on a horse Ron Ron' 35 Has no life 41 Certain 94 Mineo of number singer since '75 114 "- & Kel" opera singer "Tonka" ender — Ark Cassidv 42 Actress 95 Knighted 3 Carrere of (biblical boat) 78 — Tull (rock (1990s teen 37 With "True Lies" band) Joanne one, e.a. show) 96 Pleasant 4 Beyond **81** — -Magnon **119** — Khan 43 Bit of slander 57-Down. 99 The Beatles embryonic supporter for 120 Height fig. 44 Neighbor of man 82 Persian, e.g. 122 Hunters' gp. a Croat Loser" 5 Oneness a caterer's 46 The, to Josef 100 "Citizen X" 83 Country 6 Baia dishes 123 - de plume singer Rimes 124 Cyclotron 48 Apt rhyme of actor California 38 Pets' docs "grab" Stephen resort port 45 Groom's 85 Suffix with bit -O-Fish 103 Equine noise 7 Permit to partner lion 125 Actress (McDonald's 107 Do a lawn 8 Biblical angel 47 Microwave 87 Army group Longoria sandwich) chore 9 Chicana, e.g. brand 88 Ball of 126 Apt humor 10 Many flying 109 Relo vehicle 49 Unoriginal perfume in a 127 Letter encl. part 3 110 End of the creatures 51 Indefinite closet to facilitate a 59 Very pungent riddle 11 Got together thinas 89 Exhausting 12 18 15 20 22 23 25 24 26 28 29 27 30 32 33 34 36 38 35 39 40 41 42 43 44 46 48 50 55 59 60 62 63 66 68 70 72 73 79 80 83 84 86 88 89 93 94 95 99 100 101 102 103 104 105 106 107 109 110 115 116 117 118 121 122 123 125 | 126 | 127 124 128 129 130 131 132 133

# King Crossword

#### **ACROSS**

- about (spread the word)
- 6 Utters 12 Grads
- 13 Recluse
- 14 vmnosophist's practice
- 15 Incompetent
- 16 Vicinity
- 17 Sicilian spout-
- 19 Tier
- 20 Onetime NYC mayor
- Writer
- Buscaglia
- 24 Sternward 27 Near the treasure
- 29 "Thin Man" dog
- 32 Just one thing after another?
- 35 Deserve
- 36 Arp's move-
- ment 37 Poehler or
- squeezer

- Merkel 7 Punishment-
- 52 Raise the anchor

56 Eight English

kings

It gets

punched

**DOWN** 

57 Wear away

1 Unclear view

Discourteous

Eskimo boat

Officeholders

Successful player

56

25

42 43

- 55 Hale and hearty
- Grant 38 Panasonic competitor
- 40 Incline 42 Slithery

- Not so much
- 46 Radius neighbor
- 50 German Chancellor
- - 6 Avoid

related 8 Geological

52

55

53

- time Food of the
- aods 10 Narc's mea-
- sure
- Crockpot creation
- 12 Literary col-
- lection
- Menaces
- Possess 21 23 Chow down
- 24 Expert
- 25 Govt. lender 26 Seasoning
- 47 Noisy 48 Schnozz
- 49 Illustrations 51 Blunder

28 Guaranteed

30 Male turkey

31 One or more

33 Business

abbr.

34 Hoosegow

39 Back street

derm

42 Wild party

41 Disney pachy-

43 Never again?

45 41-Down's

"wings"

- 53 Neither mate

# MAGIC MAZE ● INTERNATIONAL SANDWICHES

GXUSQNLJGECZXVL TRPNLJHECAYWVT GRPNLRKIGEC B Y B AAZXWUVEGEMI TNRPOMLBJIT P S I R C M U R B A O NK Е  $\mathbf{B}$ R G E IBMXPTWC TSNRIQIEPONUAG LAKTOHOTIVIHCBR JAHCTORBRETTUB

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Butterbrot Beirute Cemita Bosna Chip butty British rail Chivito

Crisp Cucumber Donkey burger Gvro

Panini Torta Vegemite

#### SCRAMBLERS ACE PRIVATE DETECTIVE CO. Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag lanore **PRUNS** Shine REGAL Polish HENIS PINTO "This job is killing me! It seems every **TODAY'S WORD** guy you assign me to follow is a enthusiast!" answer on page 31

6				5			3	8
		3			6	7		
	4		9					5
		6		7	4		2	
		2			1	8		9
4	5		3			6		
			6		3	9		
2	9			8			7	
		5		2				1

# **SUDOKU**

#### To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

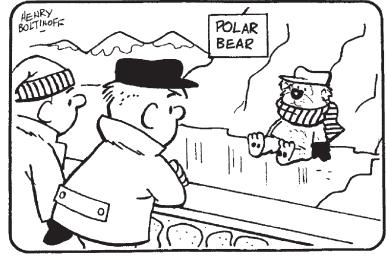
answer on page 29

## **HOCUS-FOCUS**

**HENRY BOLTINOFF** 



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



2. Boy's freckles are missing. 6. Bear has three toes. tens. 3. Boy's glove is black. 4. Mountains are snow-capped. Differences: 1 Boy's hat is different. 2. Bear is wearing mit-



#### Chicken and Vegetable Fried Rice

- 2 (8 ounce) chicken breasts
- 1 bell pepper (any color)
- 1 cup cabbage, sliced thin
- 2 carrots, sliced thin
- 6 mushrooms, sliced thin
- 2 cups spinach
- 2 eggs
- 3 cups cooked rice (brown or white)
- 2 green onions, sliced thin
- 2 garlic cloves, minced
- 2-3 tablespoons low sodium soy sauce or Tamari 1 teaspoon toasted sesame oil
- 3-4 tablespoons olive oil, for cooking
- Chili sauce or sriracha (optional)
- Sea salt and fresh ground pepper, to taste

Cook rice according to package directions and set aside. Dice the chicken breasts into 1-inch pieces and store in the refrigerator until ready to cook. Prepare and slice all the vegetables and set aside. Mix soy sauce, sesame oil and garlic and set aside.

Pre-heat a large sauté pan over medium-high heat and add 1 tablespoon of olive oil. Beat two eggs and scramble, set aside. Next, season the diced chicken with salt and pepper and sauté for 6 minutes or until



Chicken and Vegetable Fried Rice

cooked thoroughly. Remove from pan and set aside. Add another tablespoon of olive oil to the pan and sauté the carrots for one to two minutes. Add the bell peppers and cabbage, season with salt and pepper and cook for additional two minutes. Remove the vegetables and set aside. Using the same pan, add a small amount of olive oil and sauté the mushrooms and spinach. Add this to

photo courtesy Fresh From Florida

the rest of the cooked chicken and vegetables. Lastly, add a 1 tablespoon of olive oil to the hot pan and stir-fry the rice until it is slightly crisp, add the scrambled eggs and combine. Pour the soy sauce mixture and stir to

Serve chicken and vegetables over fried rice in large bowl.₩

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December 14, 2018











FRIDAY Mostly Cloudy High: 66 Low: 60



SATURDAY Partly Cloudy High: 62 Low: 56



SUNDAY Mostly Sunny High: 61 Low: 55



MONDAY Sunny High: 64 Low: 58



TUESDAY Sunny High: 68 Low: 62



WEDNESDAY Sunny High: 65 Low: 59



THURSDAY Sunny High: 68 Low: 62

#### Redfish Pass Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	3:30 am	10:13 am	4:56 pm	10:22 pm
Sat	4:40 am	10:49 am	5:31 pm	11:49 pm
Sun	6:10 am	11:25 am	6:11 pm	None
Mon	8:10 am	1:18 am	6:57 pm	12:01 pm
Tue	10:18 am	2:40 am	7:49 pm	12:43 pm
Wed	11:55 am	3:47 am	8:43 pm	1:39 pm
Thu	12:51 pm	4:42 am	9:36 pm	2:47 pm

#### Point Ybel Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	2:35 am	10:15 am	4:01 pm	10:24 pm
Sat	3:45 am	10:51 am	4:36 pm	11:51 pm
Sun	5:15 am	11:27 am	5:16 pm	None
Mon	7:15 am	1:20 am	6:02 pm	12:03 pm
Tue	9:23 am	2:42 am	6:54 pm	12:45 pm
Wed	11:00 am	3:49 am	7:48 pm	1:41 pm
Thu	11:56 am	4:44 am	8:41 pm	2:49 pm

#### Punta Rassa Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	3:48 am	10:18 am	4:44 pm	10:44 pm
Sat	5:00 am	11:00 am	5:31 pm	None
Sun	6:16 am	12:02 am	6:22 pm	11:55 am
Mon	7:32 am	1:24 am	7:15 pm	1:08 pm
Tue	8:50 am	2:28 am	8:07 pm	2:11 pm
Wed	10:57 am	3:23 am	9:02 pm	3:07 pm
Thu	11:40 am	4:17 am	9:59 pm	4:01 pm

#### Cape Coral Bridge Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	5:40 am	12:21 am	7:06 pm	1:29 pm
Sat	6:50 am	1:38 am	7:41 pm	2:05 pm
Sun	8:20 am	3:05 am	8:21 pm	2:41 pm
Mon	10:20 am	4:34 am	9:07 pm	3:17 pm
Tue	12:28 pm	5:56 am	9:59 pm	3:59 pm
Wed	2:05 pm	7:03 am	10:53 pm	4:55 pm
Thu	3:01 pm	7:58 am	11:46 pm	6:03 pm

# **PUZZLE ANSWERS**

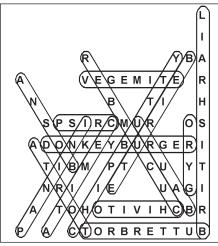
### SUPER CROSSWORD

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#### KING CROSSWORD



#### **MAGIC MAZE**



#### SUDOKU

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3	6	5	7	2	9	4	8	1

# My Stars ★★★★

#### FOR WEEK OF JANUARY 28, 2019

**Aries** (March 21 to April 19) Taking some time out of your usually busy social life could be just what you need to help you focus on putting those finishing touches on your plans for a possible career change.

**Taurus** (April 20 to May 20) A misunderstanding about a colleague's suggestions could create a delay in moving on with your proposal. But by week's end, all the confusing points should finally be cleared up.

**Gemini** (May 21 to June 20) You might feel overwhelmed by all the tasks you suddenly have to take care of. But just say the magic word – help! – and you'll soon find others rushing to offer much-needed assistance.

Cancer (June 21 to July 22) Finishing a current project ahead of schedule leaves you free to deal with other upcoming situations, including a possible workplace change, as well as a demanding personal matter.

**Leo** (July 23 to August 22) Turn that fine-tuned feline sensitivity radar up to high to help uncover any facts that could influence a decision you might be preparing to make. Devote the weekend to family activities.

**Virgo** (August 23 to September 22) A state of confusion is soon cleared up with explanations from the responsible parties. Don't waste time chastising anyone. Instead, move forward with your plans.

**Libra** (September 23 to October 22) You might feel obligated to help work out a dispute between family members. But this is one of those times when you should step aside and let them work out their problems on their own.

**Scorpio** (October 23 to November 21) Your ability to resolve an on-the-job problem without leaving too many ruffled feathers earns you kudos from co-workers. You also impress major decision-makers at your workplace.

**Sagittarius** (November 22 to December 21) Newly made and long-held friendships merge well, with possibly one exception. Take time to listen to the dissenter's explanations. You could learn something important.

**Capricorn** (December 22 to January 19) Be prepared to be flexible about your current travel plans. Although you don't have to take them, at least consider suggestions from the experts in the travel business.

Aquarius (January 20 to February 18) A problem with a recent financial transaction could lead to more problems later on unless you resolve it immediately. Get all the proof you need to support your position.

Pisces (February 19 to March 20)
Daydreaming makes it difficult to stay
focused on what you need to do. But reality
sets in by midweek, and you manage to
get everything done in time for a relaxing
weekend.

**Born This Week**: Your ability to reach out to those in need of spiritual comfort makes you a much-revered, much-loved person in your community.

#### **STRANGE BUT TRUE**

- It was Vladimir Ilyich Lenin, communist revolutionary and the first leader of the Soviet Union, who made the following sage observation: "One fool can ask more questions in a minute than 12 wise men can answer in an hour."
  - Back in 1893, when the zipper was

invented, the device was intended to be used for fastening shoes.

- When the TV sitcom "The Addams Family" was being cast in the early 1960s, actor John Astin came in to audition for the role of Lurch, the cadaverous butler. He was immediately rejected for the part. As he was leaving the room, though, the producer spotted him, pulled him aside, and immediately offered him the role of Gomez the lead. All he had to do was grow a mustache.
- What do the words "obscene," "tranquil," "mediate," "catastrophe," "dire," "critical," "vast" and "apostrophe" have in common? All of them appeared in print for the first time in the works of William Shakespeare.
- As the Black Plague was sweeping Europe during the Middle Ages, some people, for reasons surpassing understanding, believed that plague victims could cure themselves by smelling human waste.
- The United States isn't the only country that has an accolade to recognize excellence in the film industry. Here the awards are known as the Oscars, but other nations have their own names for the awards: In Canada they're known as Genies, in France they're Cesars, in Russia they're called Nikas, in Mexico they're Golden Ariels, in Spain they're known as Goyas, and in the United Kingdom they're called Orange British Academy Film Awards.

#### THOUGHT FOR THE DAY

"The game of life is the game of boomerangs. Our thoughts, deeds and words return to us sooner or later with astounding accuracy." – Florence Scovel Shin

#### TRIVIA TEST

- 1. **Games**: How much do you have to pay if you land on the "Income Tax" space in Monopoly?
- 2. **Language**: What does the Greek prefix "poly" mean in English?
- 3. **Geography**: What is the capital of the island of Fiji?
- 4. **Food & Drink**: What is the substance in chili peppers that makes the tongue burn?
- 5. **Science**: What does the acronym DNA stand for?
- 6. **Math**: What is the top number of a fraction called?
- 7. **U.S. Presidents**: What was the Secret Service code word for first lady Michelle Obama?
- 8. **Law**: What is the 10th Amendment to the U.S. Constitution about?
- 9. **Anatomy**: What is the rarest blood type in human beings?
- 10. **Music**: The film *Rhapsody in Blue* was about the life of which composer?

#### TRIVIA ANSWERS

1. 10 percent of your assets or \$200 2. Many 3. Suva 4. Capcaicin 5. Deoxyribonucleic Acid 6. The numerator 7. Renaissance 8. Rights retained by the states 9. AB negative (less than 1 percent) 10. George Gershwin.

# \* \* \* \* \* CLASSIFIED \* CLASSIFIED \* \* \* \* \*

#### **REAL ESTATE**

# GARCIA REAL ESTATE AND CONSULTING



#### RICHARD J. GARCIA, GRI, BROKER 239-472-5147

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Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York, Pennsylvania and New Jersey.

#### GREAT SANCTUARY GOLF COMMUNITY LOT

With Owner Financing Only \$159,900 100 X 154 Please Call Or Email John Nicholson Royal Shell Real Estate 239-849-3250 or Nichols319@AOL.com

# FSBO REAL ESTATE – CONDO

A Beautiful Condo, built in 2018,
2 Bdrm + Den, 2 Bath, open floor plan, on
the water with spacious screened front and
back lanais and a garage in Palmetto Cove
along the desirable McGregor corridor.
\$205K. Furnishings negotiable.
A must see!
Call 574-274-4589

#### COMMERCIAL RENTAL

1/25 🌣 2/1

#### WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.

#### COMMERCIAL RENTAL

# COMMERCIAL UNIT FOR RENT

East End of Sanibel in Punta Ybel Plaza.
Perfect for Office or Small Retail.
Call Dee at 472-0121, leave a message.
7/13 \* TFN

#### OFFICE SPACE IN DESIRABLE TREE TOPS CENTER

1101 Periwinkle Way. Conveniently located very close to causeway! Approx. 700 sq. ft. w/reception area and 1/2 bath. Call Mike at 970-476-9204 or email pazzos@vail.net

#### **VACATION RENTAL**



Cottages To Castles

2427 Periwinkle Way Sanibel, FL 33957 Local: (239) 472-6385 Toll Free: (800) 472-5385 Fax: (239) 472-5858 www. cottages-to-castles.com

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Miles of Beaches & Bike Paths
239-472-7277

1-888-451-7277

#### SEAGRAPE COTTAGE DUE TO CANCELLATION OPEN MARCH OR APRIL

Newly open rental: 2/1 East End charming "old FL" cottage ~ steps to beach, Lighthouse/Marina. All supplies (W/D) needed to live the island life – relax on screen porch/large shady yard – Residential street. www.seagrapecottageatsanibel.com 727-644-6493 karynconrath@gmail.com

#### SEASONAL RENTAL

#### SANIBEL – SEASONAL RENTAL AVAILABLE FEBRUARY & APRIL, 2019

Canal front home 3 bedrooms, 2 bath pool home in Shell Harbor close access to the beach and causeway on the East End of Sanibel. Perfect location – \$7,500 per month. VIP Realty Group Inc.
Call or text Rose at 239-851-5188.

#### SEASONAL RENTAL

# SANIBEL BEACH COTTAGE SPRING SPECIAL!

Now available with brand-new updates. Private lane, short walk to beach, 2BR/2BA,sleeps 7.

Fully equipped, wooded backyard w/privacy fence. All beach equipment plus 2 FREE bikes provided!
Pets w/approval.
Mid-Aril thru mid-May, summer availability \$2,000/2 wks, \$3,000/mo Contact Chris: 314-406-7058
See at www.sanibelbeachcottages.com

#### ANNUAL RENTAL

#### ANNUAL RENTAL

#### **SANIBEL**

Waterfront – 3/2+ den, dock, Direct access. \$2,950/mo. Gorgeous, Custom home.

472-6747
Serving The Islands Rental Needs Since 1975
Gulf Beach Properties, Inc.

#### SANIBEL – DUNES ANNUAL RENTAL

3 bedrooms, 3 baths. Pool and tennis courts. Close to beach. \$2,250 monthly or \$3,500 seasonally. VIP Realty Group Inc. Call or text Rose at 239-851-5188.

# ANNUAL RENTAL ON SANIBEL

2 bdrm/1 bath, East End, Nerita St. 1/2 of Duplex, bright, clean, walk to beach. Washer & dryer in unit, sundeck. Includes yard service & pest control. No Smoking/ No pets. \$1,700. Call Bob 410-913-2234.

#### SANIBEL ISLAND ANNUAL RENTALS

2/1 on Main Street \$1,800 2/2 on Sandpebble \$2,000 Dogs okay. Call or text Bridgit @ 239.728.1920

#### **JUST OFF ISLAND**

Only 4 miles to the Causeway, Covered Parking, New Carpet/Paint, Water View 2/2 in small complex with Pool/Spa only \$1,200/mo. No pets/smokers Kevin Mulhearn-Riverside Realty 239-980-0051

#### SERVICES OFFERED



Complete Landscaping Services & Weekly Lawn Service New Client Special 10% OFF your Mulch Installation, Landscaping Project, or Tree Trimming Project.

239-896-6789

4/13 **☆** TFN

#### SERVICES OFFERED

#### HANDYMAN ON ISLAND

Power Washing, Odd Jobs, Errands, Clean Garages, Deck Staining, and more. Reasonable Rates. No job too small. Tom 203-807-2231

#### 1/25 🌣 2/15

#### **CAREGIVER SERVICES**

Long time resident of Sanibel looking to care for you in your home. Compassion filled care with flexible hours. Will provide transportation to doctor visits, patient advocacy, medication review and reminders.

medication review and reminders.

Great references available upon request.

Loretta Fields RN,

239-699-8961

1/25 \* 2/1

#### SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com

#### ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion.
FPE panel replacement, Landscape
Lighting. Generator Sizing, etc, etc, etc.
Call or text Roger 239-707-7203
State License #13002788

#### **ALTERATIONS BY HAZELLA**

Reliable and Experienced Reasonable Prices Pick Up & Delivery Available 239-472-8655 12/28 \* 1/25

#### HELP WANTED

#### LOVE BOAT ICE CREAM

Now hiring scoopers and supervisors for our Sanibel location. Both part-time and full-time positions available! Applications available in store, Jerry's Plaza Unit 9.

#### JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Norm Sarah 472-9300. 1700 Periwinkle Way

#### **HELP WANTED**

#### **CRICKET SHOP**

Looking for seasonal sales help for women's store on Sanibel Call Jeff @ 239-992-4546

#### SANIBEL DELI

Kitchen help wanted Monday – Friday Days and afternoons 472-2555 1/25 \* 2/8

#### LOCAL AUTHOR SERIES

#### **NEW LOCAL FL AUTHOR**

Cooper's Moon Crime Thriller – signed copy avail. at Baileys, Jerry's, MacIntosh, Amazon or Barnes & Noble/2nd in series will be avail mid-Feb. Local author, Dr. Richard Conrath: Former Catholic priest/headmaster of a rural Turkish school. Available for presentations. www.richardconrath.com 727-644-6493

#### LOST & FOUND

#### LOST WEDDING RING

Woman's ring. Lost on Sanibel. 3 diamonds, white gold Very sentimental Please call or text if found Lisa 801-703-7647. Reward

#### FOR SALE

#### **POOL TABLE**

A beautiful, one owner, like new 8' American Heritage Table recently recushioned and new felt. Cue sticks and balls included. A must see. \$1,200. Call 574-274-4789

1/25 🌣 2/1

#### **GARAGE SALE**

#### GARAGE SALE

Jan. 26, Annual Yard Sale a local favorite east end toward the lighthouse.
Household, Jewelry and plenty of guy toys.
Early Bird welcome on that day.
501 Lagoon Drive, Sanibel.

# TRASH & TREASURE CRAFT & BAKE SALE

Sat. Jan. 26, 8 a.m. to noon
LEE PLANTATION CLUBHOUSE
Pine Ridge Road, Fort Myers
off Summerlin, Old South Way,
accross from Thunderbird Park.
Something for Everyone!!
1/25 \* 1/25



# Mound House Offers Events

ound House on Fort Myers Beach will offer many activites in the upcoming days.

There will be a free Beach Walk at Newton Beach Park on Tuesday, January 29 at 9 a.m. Explore the natural treasures on Fort Myers Beach through a guided walk along the shore. Participants should meet at Newton Beach Park at 4650 Estero Boulevard. Wear sunscreen, appropriate clothing, shoes and hats.

Weather permitting. Join the Mangroves By Kayak Guided Tour, which explores the winding mangrove creeks and hidden backwaters of Estero Bay, on Wednesday, January 30 or on Saturday, February 2 at 9 a.m. Dexter Norris, biologist, naturalist and Mound House environmental educator, guides this unique tour. Search for birds, fish, manatees and dolphins as you paddle through the Estero and Hell Peckney bays in a tandem kayak. Mound House kayak tours are conducted in accordance with Florida Society for Ethical Ecotourism guidelines. All paddling and safety equipment are provided for ages 12 and older. Weather permitting. Cost is \$45 or \$15 for Mound House members. Reservations

required. On Friday, February 1, there will be

> To advertise in the Island Sun Call 395-1213

#### **SCRAMBLERS**

1. Spurn; 2. Glare; 3. Shine; 4. Point

Today's Word

### RUNNING

a Sunset Kayak Tour beginning at 4:30 p.m. Participants will explore tidal creeks and winding mangrove tunnels extending into the hidden backwaters of Estero Bay. This unique tour offers a rare opportunity to experience the abundant life within our estuary in the quiet of twilight. Weather permitting. All paddling and safety equipment are provided for ages 12 and older. Weather permitting. Cost is \$45 or \$15 for Mound House members. Reservations required.

Mound House is located at 451 Connecticut Street on Fort Myers Beach. For more information, call 765-0865 or 

**Naturalist Parke Lewis** leads a beach walk sponsored by the Mound House on Fort Myers Beach photo provided





# Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	2015	6,300	\$7,375,000	\$7,000,000	5
Town And River	Fort Myers	2016	3,505	\$1,949,000	\$1,750,000	62
River Ridge	Bonita Springs	1990	3,608	\$1,450,000	\$1,390,000	6
Dunes At Sanibel Island	Sanibel	1984	2,761	\$1,089,000	\$1,025,000	195
Not Applicable	Fort Myers	2004	4,189	\$1,000,000	\$981,000	329
Cape Coral	Cape Coral	2006	3,446	\$975,000	\$850,000	38
Casa Del Rio	Fort Myers	1979	2,786	\$950,000	\$775,000	131
Summerfield	Estero	2000	3,441	\$940,000	\$820,000	19
Riverside	Fort Myers	1986	5,492	\$799,000	\$640,000	212
Lakemont	Bonita Springs	1993	2,319	\$714,900	\$645,000	139

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Steaks • Seafood • Pastas • Italian Classics • International Wine List!



Sunday to Wednesday Early Dining from 4-5:30pm

Pasta for Two \$39 1 Appetizer to Share, 2 Pasta Selections 1 Dessert to Share (limited selection)



Every Thursdays Wine Bottles from Italy

(limited selection) Purchase of Two Entrées Required

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MONDAY - FRIDAY 11:30AM TO 5:30PM



SMALL PLATES START AT \$9



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